



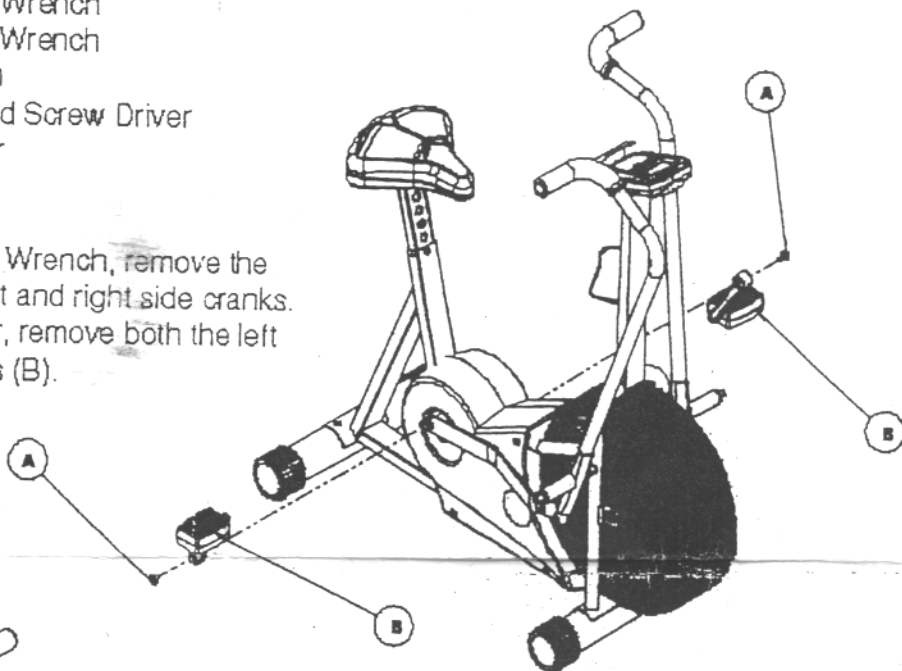
SCHWINN

AirDyne Evolution Comp

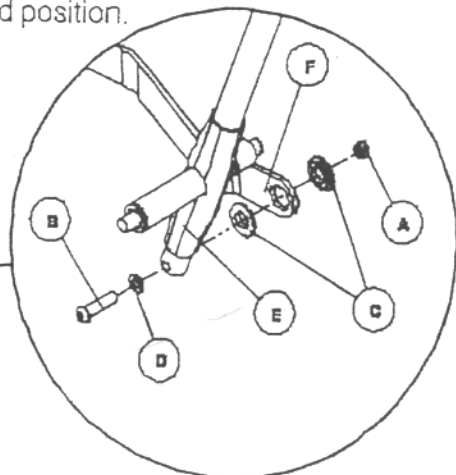
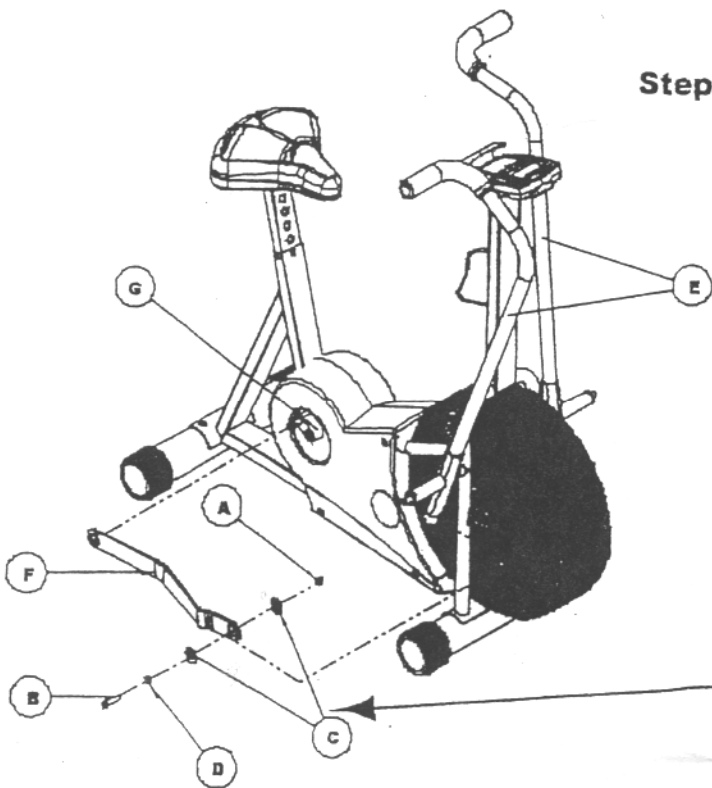
YST Bottom Bracket Replacement Assembly Instructions

Tools Required: 2 - Sealed Cartridge Bottom Bracket Tools
Torque Wrench
8 mm Allen Wrench
6 mm Allen Wrench
1/2" Wrench
Phillips Head Screw Driver
Crank Puller

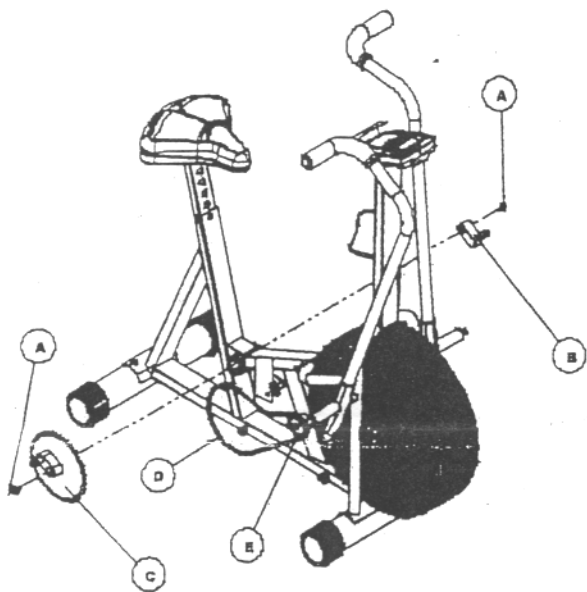
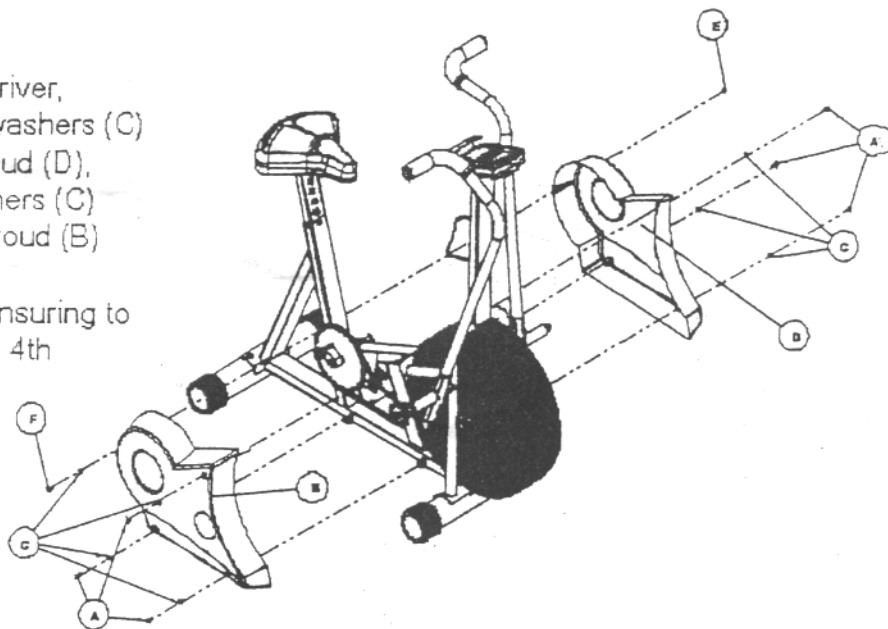
Step 1: Using an 8mm Allen Wrench, remove the bolts (A) from the left and right side cranks. Using a Crank Puller, remove both the left and right side cranks (B).



Step 2: Using a 1/2" Wrench and a 6 mm Allen Wrench, remove nylock nut (A) from the shoulder bolt (B) on the left and right side pivot arms. Carefully remove the shoulder bolt (B), 2-thick washers (spacers) (C) and 1-additional washer (D) from the pivot arms (E). Remove the connecting arms (F) from the eccentrics (G) and the pivot arms (E). Rest the two pivot arms (E) in a forward position.

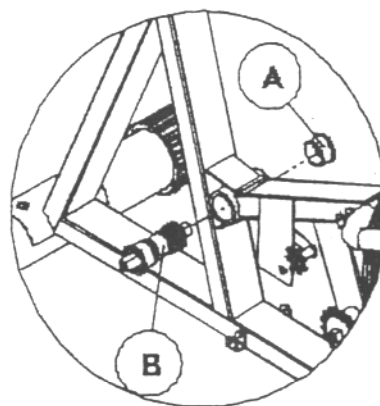


Step 3: Using a Phillips Head Screw Driver, remove the 3-screws (A) and washers (C) holding the left side of the shroud (D), and the 4-screws (A) and washers (C) holding the right side of the shroud (B) in place. Carefully remove the shrouds (B+D) from the bike, ensuring to retain the nut (E) that holds the 4th screw (F) in place.



Step 4: Using an 8mm Allen Wrench, remove the bolts (A) from the left (B) and right side Eccentrics/Chain Ring (C). Using a Crank Puller, remove the left side Eccentric (B), and loosen the right side Eccentric/Chain Ring (C). Carefully remove the chain (D) from the Eccentric/Chain Ring (C), and let the chain (D) rest on the intermediate drive pulley (E).

Step 5: Using a Cartridge Bottom Bracket Tool, remove the BB from the damaged AirDyne Evolution Comp. Turn the Left side (A) of the damaged Bottom Bracket counter-clockwise to remove it, and then the right side (B) of the bottom bracket clockwise to remove it..



Step 6: Unthread the left (non-drive) side collar from the YST Bottom Bracket. Insert the YST bottom bracket in the right (drive) side of the AirDyne. Hand thread the left (non-drive) side of the YST BB in the left side of the AirDyne. Using 2-Cartridge Bottom Bracket Tools and a torque wrench, thread the YST BB into itself, to a torque of 40 ft-lb.

Step 7: Follow Step 4 through Step 1, in reverse order, to re-assemble AirDyne