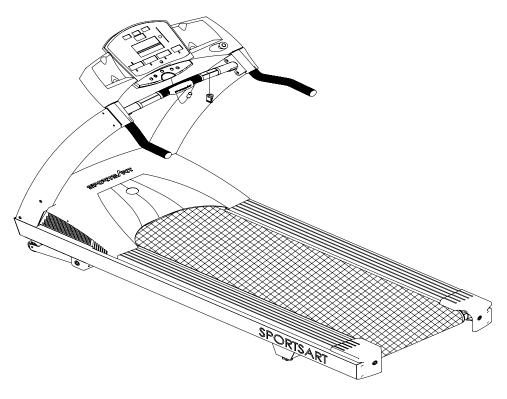
SPORTS/RT

6300/6310 Treadmill Electronics Repair Manual



Version 2; Date: 11-11-04

6300/6310 Treadmill Electronics Repair Manual

The 6300/6310 Treadmill Electronics Repair Manual is designed to be a quick, easy troubleshooting guide for technicians in the field. If you have questions or comments, please write to Bob Baumgartner at bob@sportsartamerica.com.

Version 1 Date: 05-01-03

Version 2 Date: 11-11-04 – Reformatted, corrected, updated for changes to the emergency stop

knob and thermal fuse.

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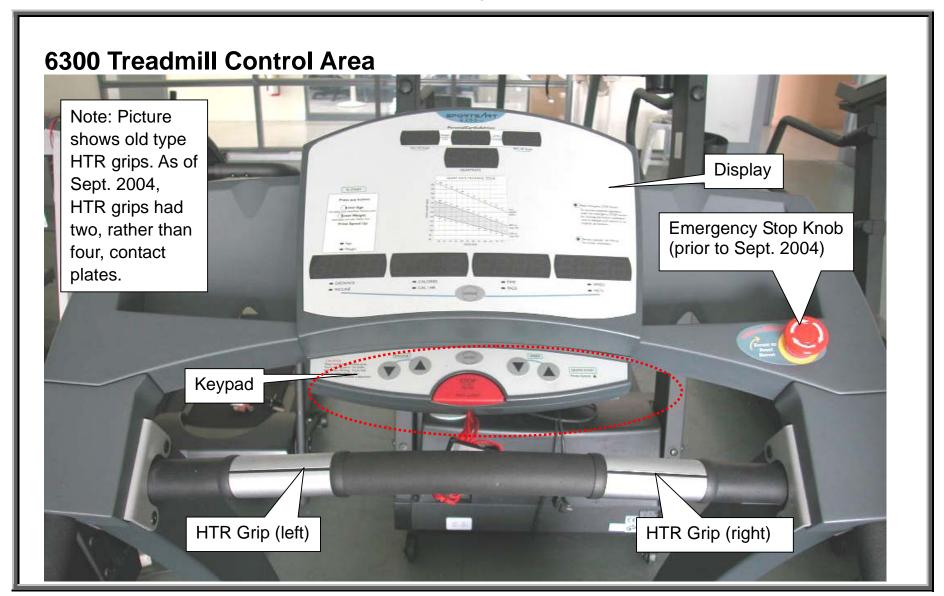
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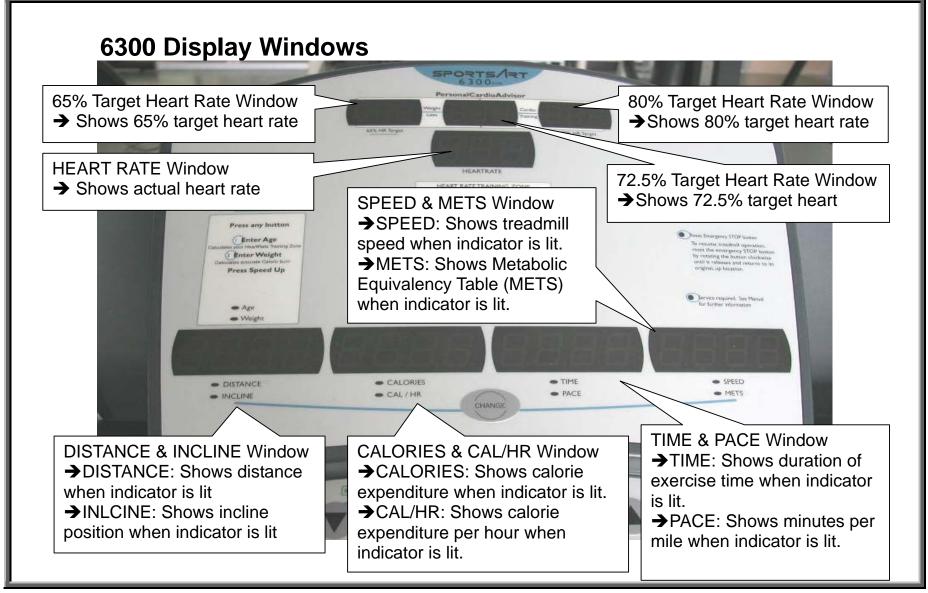
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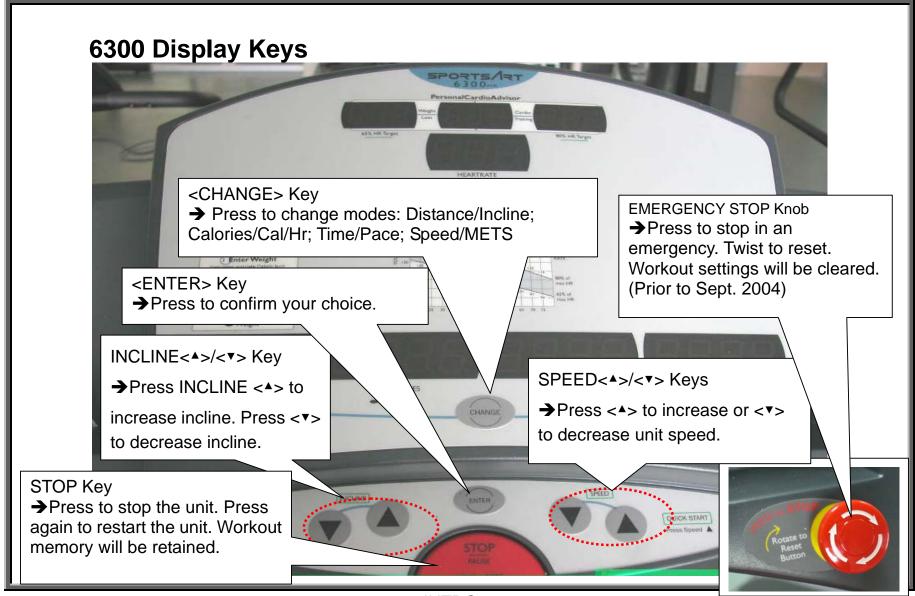
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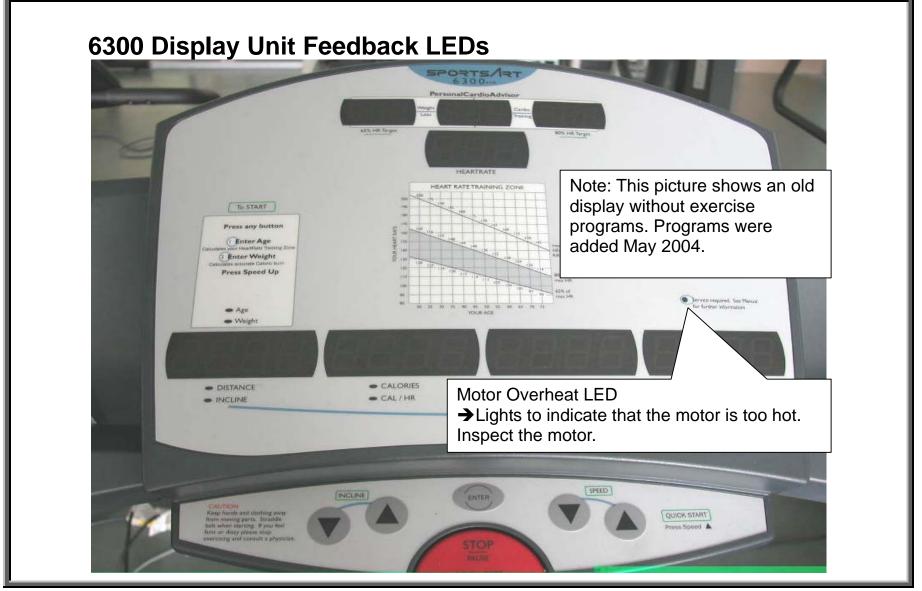
6300 Treadmill Specifications at a Glance

Function	Description
Operation Modes	Originally had only manual mode and no exercise programs. Exercise programs added July
	2003. Program time added Jan. 2004
Heart Rate (HR) Function	POLAR transmitter and heart touch rate (HTR) readings
Heart Rate Control (HRC)	Heart rate target values: 65%; 72.5%; 80%, Sept. 2003
Display – 7-Segment Digital	1.Distance / Incline (Board revised Feb. 2003 because incline stuck.)
	2.Calories / HR
	3.Time / Pace
	4.Speed / Mets (Display became C-Safe compatible Dec. 2004)
Display - Keypad	PET touch type, Sept. 2003
Emergency Stop	Emergency stop knob on display (removed Sept. 2004); pause/stop key on keypad
Drive Board	Revised June 2004 (new is V3.2) after motor brush change
Motor Speed	0.1-12.0 MPH (North America standard); 0.2-20.0 KPH (Europe)
Motor Highest Speed	2900 RPM
Motor Horse Power	Originally 3.2 HP; revised to 4.0 Sept. 2003 with ribbed exterior
Motor Thermal Switch	Turns on "Service" indicator if motor gets too hot, Sept. 2003
Incline Range	0-15%
Incline VR Calibration	0% position = 1.20 VDC; measured on VR blue and green wires
MPH in N. America	MPH determined by the IC chip. MPH =N. American standard; KPH=European standard.
KPH in Europe	Distance units cannot be changed by touching keys
Power Requirements	120 VAC, 20 AMP dedicated
Frame	Incline support added Nov. 2003; Color: Originally gray, became silver Nov. 2004









Operating the 6300 Treadmill: Start Up

Quick Start: Turn on the On/Off switch. On/Off Switch LED lights up. Display lights up. "6300" scrolls across the lower windows. Press Speed <▲> key.

Start with Personalized Settings

- **1. Start Up:** Turn on the On/Off switch. On/Off Switch LED lights up. Display lights up. "6300" scrolls across the lower windows. Press any key except Speed <▲> key.
- **2. Age Setting:** Age LED lights up. A number appears in the distance/incline window. Press incline <♠> or <▼> key to change the age setting. Press ENTER key to confirm your choice.
- **3. Weight Setting:** Weight LED lights up. A number appears in the distance/incline window. Press incline <♠> or <▼> key to change the weight setting. Press ENTER to confirm your choice.

Operating the 6300 Treadmill: Manual Mode

Manual Operation: Manual mode is the default for this product. Manual LED lights up. Press other keys to directly operate the unit.

Speed: Press Speed <-> key to increase speed. Speed window shows increasing speed value.

Press Speed <▼> key to decrease speed. Speed window shows decreasing speed value.

Speed measurement units are determined by the IC. Pressing keys will not change MPH to KPH. Speed range: 0.1 to 12.0 MPH (or 0.2-20.0 KPH, European models).

Incline: Press INCLINE <▲> key to raise incline. Incline window shows increasing incline values. Incline motor operates up. Press INCLINE <▼> key to lower incline. Incline window shows decreasing incline values.

Incline range: 0-15%.

Change Key: Press to change mode window settings. One setting shows distance, calories, time, speed. The other setting shows incline, cal/hr, pace, METs.

Operating the 6300 Treadmill: Stop Functions

STOP/PAUSE Key

Pause function: Press the STOP/Pause key once. Display beeps once. Values such as calories remain on display. SPEED/METS window flashes "0.0". Press speed up to resume your workout. Display beeps once. Values such as calories are retained.

Clear function: Hold the STOP/Pause key for three seconds. Display beeps once. All values clear. Unit reverts to start up mode. "6300" scrolls across the lower windows.

EMERGENCY STOP Knob

Emergency Stop Function: Press the emergency stop knob. Display beeps once. Emergency stop indicator lights. Lower window shows "----".

Reset Function: Rotate the emergency stop knob clockwise. Display beeps once. Emergency stop indicator extinguishes. Unit reverts to start up mode. "6300" scrolls across the lower windows.

Note: The emergency stop knob was eliminated Sept. 2004. To update an old unit, eliminating the stop knob, you need two things: A jumper, which goes into the stop knob wire connector on the display, and a plastic sticker, which covers the hole where the stop knob sat.

6310 Introduction — 6310 Treadmill Features

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6310 - INTRODUCTION.01 - 6310 Treadmill Specifications at a Glance
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6310 - INTRODUCTION.06 - Operating the 6310 Treadmill: Manual Operation

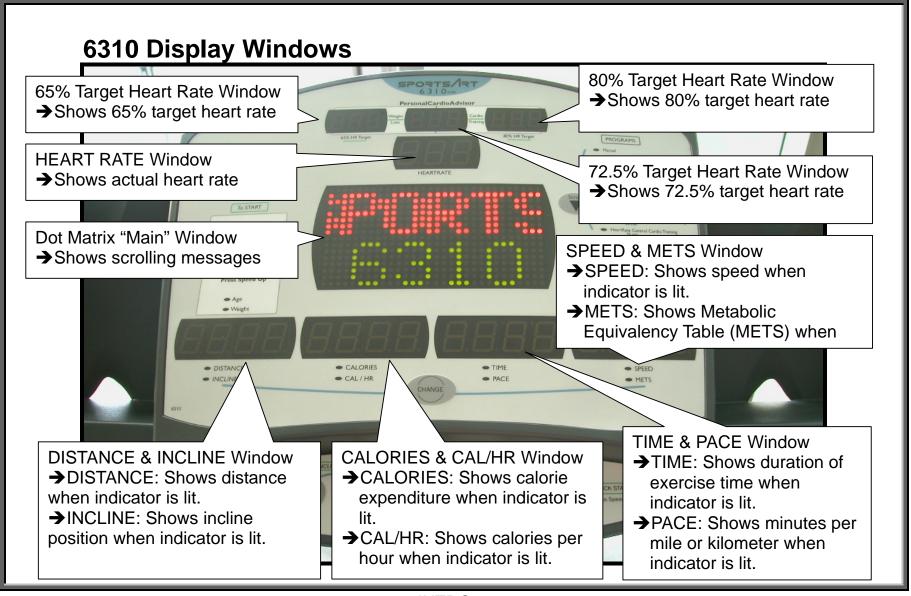
6310 - INTRODUCTION.07 - Operating the 6310 Treadmill: Stop Functions

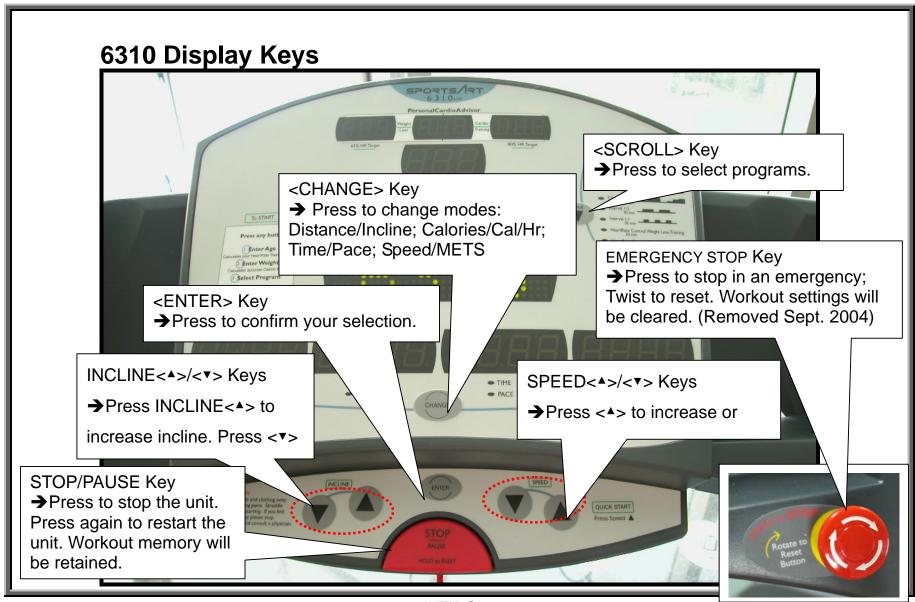
6310 – INTRODUCTION.08 – Operating the 6310 Treadmill: Programs

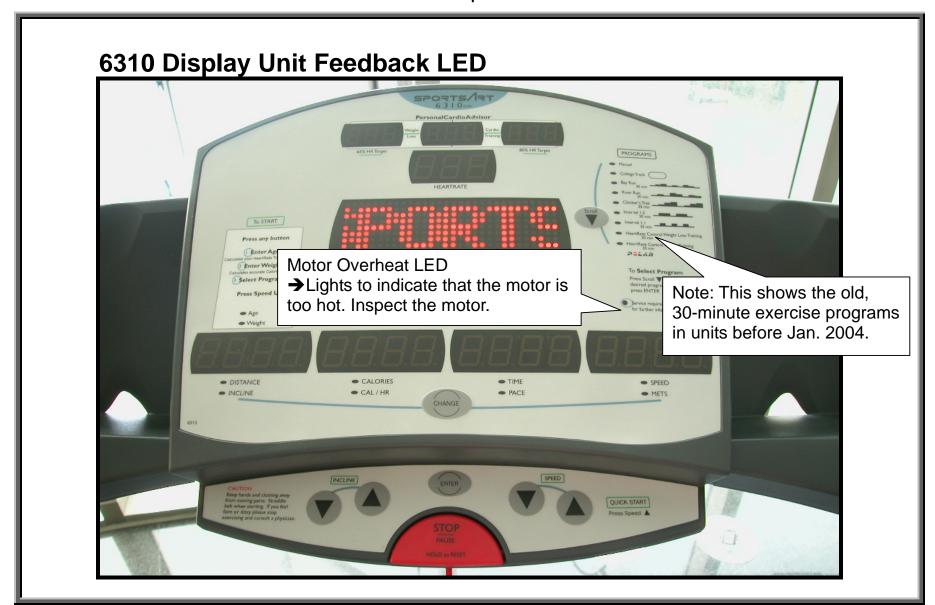
6310 - INTRODUCTION.09 - Operating the 6310 Treadmill: KPH/MPH, Distance/Time, Clear

6310 Treadmill Specifications at a Glance

Function	Description
Operation Modes	Manual; Programs: college track, climber's trek, bay run, river run; Interval 1:1; Interval 1:2.
	Programs originally had a set 30-minute length; Time settings were added Jan. 2004.
Heart Rate (HR) Function	POLAR transmitter and heart touch rate (HTR)
Heart Rate Control (HRC)	Heart rate target values: 65%; 72.5%; 80%
Display – Dot Matrix	30 x 16 dot
Display - Digital Windows	1.Distance / Incline (Board revised Feb. 2003 because incline stuck.)
	2.Calories / HR
	3.Time / Pace
	4.Speed / Mets (Display became C-Safe compatible Dec. 2004)
Display - Keypad	PET touch type, Sept. 2003
Emergency Stop	Emergency stop knob on display (removed Sept. 2004); pause/stop key on keypad
Drive Board	Revised June 2004 (new is V3.2) after motor brush change
Motor Speed	0.1-12.0 MPH (North America standard); 0.2-20.0 KPH (Europe)
Motor Highest Speed	2900 RPM
Motor Horse Power	Originally 3.2 HP; revised to 4.0 Sept. 2003 with ribbed exterior
Motor Thermal Switch	Turns on "Service" indicator if motor gets too hot (Sept. 2003)
Incline Range	0-15%
Incline VR Calibration	0% position = 1.20 VDC; measured on VR blue and green wires
Units: MPH/KPH	Can be set by key sequence: See 6310 INTRO.08.
Power Requirements	120 VAC, 20 AMP dedicated (Europe: 220 VAC)
Frame	Color: Originally gray, became silver Nov. 2004







Operating the 6310 Treadmill: Start Up

Quick Start: Turn on the On/Off switch. On/Off Switch LED lights up. Display lights up. "SPORTSART" scrolls across the top of the main window. "6310" appears in the lower part of the main window. Press SPEED <*> key.

Start Up with Personalized Settings

- **1. Start Up:** Turn on the On/Off switch. On/Off Switch LED lights up. Display lights up. "SPORTSART" scrolls across the top of the main window. "6310" appears in the lower part of the main window. Press any key except SPEED up.
- 2. Age Setting: Age LED lights. "PRESS INCLINE ▲▼ TO INPUT YOUR AGE, PRESS ENTER..." scrolls across the top of the main window. "AGE" appears in the lower part of the main window. Press incline <▲> or <▼> key to set age. Press ENTER key to confirm your choice.
- **3. Weight Setting:** Weight LED lights. "PRESS INCLINE TO INPUT YOUR WEIGHT, PRESS ENTER..." scrolls across the top of the main window. "LB" or "KG" appears in the lower part of the main window. A number appears in the distance/incline window. Press incline <♣> or <▼> key to change the weight setting. Press ENTER key to confirm your choice.
- **4. Manual Operation:** "PRESS SPEED <>>" scrolls across the main window. The SPEED LED lights. "0.0" flashes in the SPEED/METS window. In the program area, the MANUAL indicator lights. Press SPEED<A> key. Treadmill walk belt starts moving.

Operating the 6310 Treadmill: Manual Operation

To enter manual mode, press the SCROLL key until the MANUAL indicator lights. Manual mode provides direct control over speed, incline, and other functions.

Speed: Press Speed <-> key to increase speed. Speed window shows increasing speed value.

Press Speed <▼> key to decrease speed. Speed window shows decreasing speed value.

Speed measurement units are determined by the IC. Pressing keys will not change MPH to KPH. Speed range: 0.1 to 12.0 MPH (or 0.2-20.0 KPH, European models).

Incline: Press INCLINE <▲> key to raise incline. Incline window shows increasing incline values. Incline motor operates up. Press INCLINE <▼> key to lower incline. Incline window shows decreasing incline values.

Incline range: 0-15%.

Change Key: Press to change mode window settings. One setting shows distance, calories, time, speed. The other setting shows incline, cal/hr, pace, METs.

Operating the 6310 Treadmill: Stop Functions

STOP/PAUSE Key

Pause function: Press the STOP/Pause key once. Display beeps once. Workout memory values, such as calorie expenditure, remain on display. SPEED indicator lights. SPEED/METS window flashes "0.0". Press speed up to resume your workout. Display beeps once. Workout memory, including calorie expenditure, etc., is retained.

Clear function: Hold the STOP/Pause key for three seconds. Display beeps once. All values clear. Unit reverts to start up mode. "SPORTSART" scrolls across the upper part of the main window. "6310" appears in the lower part of the main window.

Emergency Stop Knob

Emergency Stop Function: Press the emergency stop knob. Display beeps once. All values clear. All functions stop. "RESET EMERGENCY STOP BUTTON" scrolls across main window.

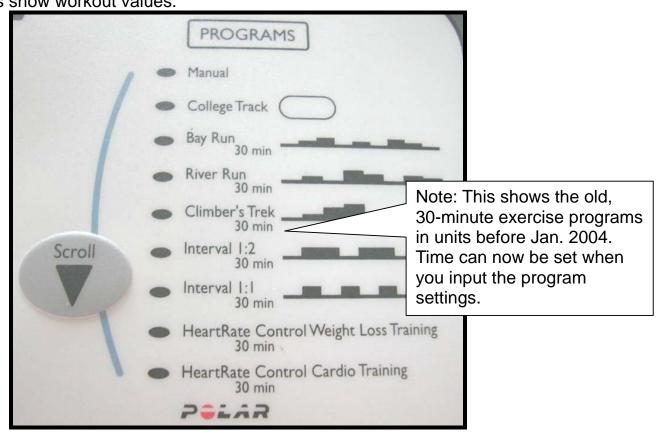
Reset Function: Rotate the emergency stop knob clockwise. Display beeps once. Unit reverts to start up mode. "SPORTSART" scrolls across the upper part of the main window. "6310" appears in the lower part of the main window.

Note: The emergency stop knob was eliminated Sept. 2004. To update an old unit, eliminating the stop knob, you need two things: A jumper, which goes into the stop knob wire connector on the display, and a plastic sticker, which covers the hole where the stop knob sat.

Operating the 6310 Treadmill: Programs

Press the Scroll<▼> key to select programs. A program indicator lights. The next program indicator down lights each time the scroll key is pressed. Press the ENTER key to confirm your choice.

Then press the SPEED <*> key. The incline position appears graphically on the main window. Secondary windows show workout values.



KPH/MPH, Distance/Time, Clear

Set MPH/KPH: Turn on the unit. "SPORTSART" scrolls across the main window. "6310" appears in the lower part of the main window. Hold the CHANGE key down three seconds. "PRESS TO SELECT MPH/KPH, PRESS ENTER" scrolls across the top part of the main window. "MPH" or "KPH" appears on the lower part of the main window. Press <♣> and <▼> keys to toggle between MPH and KPH. When your choice appears, press the ENTER key to confirm your selection.

See Distance/Time: "PRESS ▲▼ TO SELECT MODIFY HRC TARGET HR (Y/N)?, PRESS ENTER" scrolls across the top part of the main window. "NO" or "YES" appears on the lower part of the main window. Press <▲> and <▼> keys to toggle between "no" and "yes". Select your choice. Press ENTER key to continue.

Distance: A four-digit number appears over the word "MILE" (KM if in metric mode). "TOTAL DISTANCE" scrolls across the main window. This is the distance of unit operation. Press ENTER key to continue.

Time: A four-digit number appears over the word HOUR. "TOTAL TIME" scrolls across the main window. This is the total time of unit operation. Press ENTER key to continue.

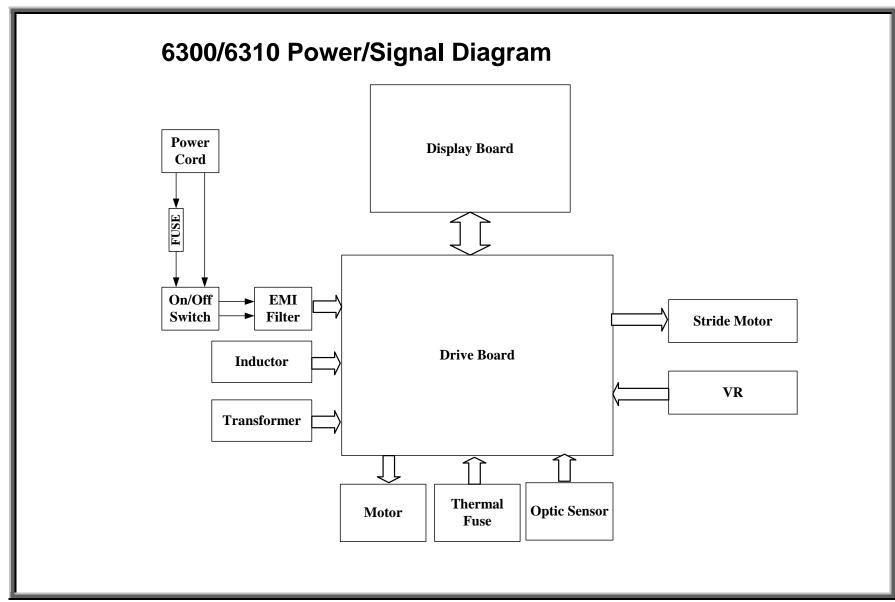
Start Up: Unit enters start up mode. "SPORTSART" scrolls across the top part of the main window. "6310" appears in the lower part of the main window.

To Clear Time/Distance: In start up mode, press STOP/PAUSE and ENTER keys for one second. "PRESS ▲▼ TO SELECT CLEAR TOTAL DISTANCE & TIME (Y/N)?, PRESS ENTER" scrolls across the top of the main screen. "NO" or "YES" appears on the bottom of the main screen. Press <▲> <▼> keys to select "YES" to delete the time and distance or select "NO" to preserve the present distance/time memory. Press ENTER key to confirm your choice.

6300/6310 Treadmill Electronics Repair Manual - Operation

6300/6310 Operation — Explains 6300/6310 Operation in General OPERATION.01 – 6300/6310 Power/Signal Diagram OPERATION.02 – 6300/6310 Power/Signal Flow Explanation OPERATION.03 – 6300/6310 Motor Compartment Components

6300/6310 Treadmill Electronics Repair Manual – Operation



6300/6310 Treadmill Electronics Repair Manual – Operation

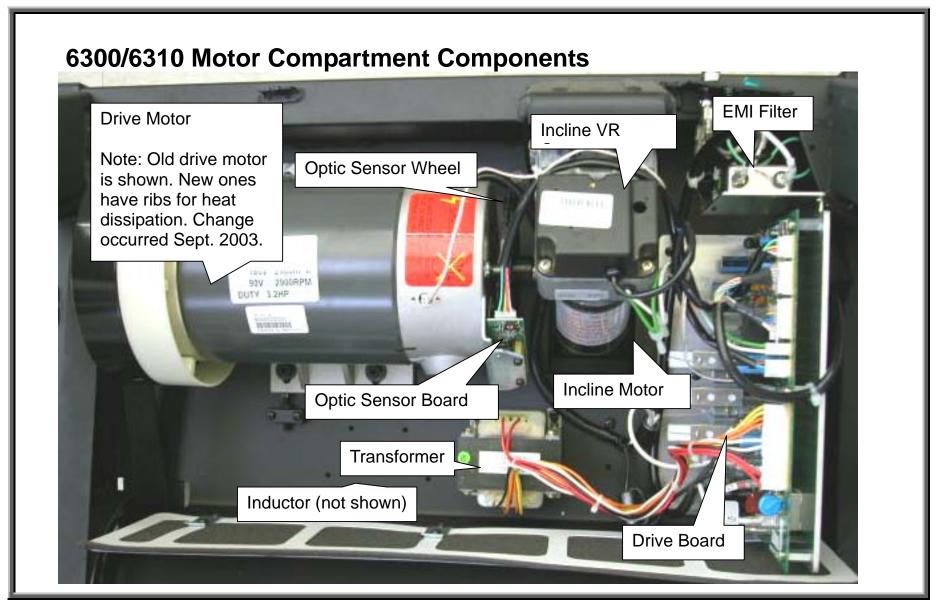
6300/6310 Power/Signal Flow Explanation

- 1. AC voltage travels through the power cord, fuse, on/off switch, EMI filter, into the drive board.
- 2. AC voltage travels from the drive board to the transformer. The transformer outputs lower levels of AC voltage.
- 3. The drive board processes the AC voltage into DC voltage for use by the display, drive motor, and incline motor.
- 4. When the user presses a key, a signal travels from the keypad to the main program in the display, where it is processed.
- 5. The display board sends a command via the ribbon cable to the drive board.
- 6. The drive board provides DC voltage to motors as directed by the display. For example, when you press the Speed Up key, the signal travels from the display to the drive board via the ribbon cable; the drive board emits voltage for drive motor operation. Similarly, when you press the Incline Up key, the drive board emits voltage for incline motor operation.
- 7. On both the drive motor and incline motor are sensors which tell the display about motor operation. Their signals travel to the drive board, up the ribbon cable, to the display.
- 8. On the drive motor is an optic sensor. As the drive motor rotates, the optic sensor wheel rotates. The sensor detects the difference between optic wheel teeth and spaces, thus indicating speed.
- 9. On the incline motor is a variable resistor (VR). As the incline motor turns, the VR turns, and its output voltage changes, thus indicating the incline position.
- 10. The display uses sensor signals to determine whether to command the drive board to continue providing or shut off power to the motors.

The Role of Other Parts

- 1. The inductor ensures steady current to the drive motor.
- 2. The thermal fuse on the drive motor is activated if the motor becomes too hot. When the thermal fuse is activated (the circuit stops conducting), the "service required" indicator on the display lights.
- 3. The Electro Magnetic Irradiation (EMI) filter prevents interference to other products.

6300/6310 Treadmill Electronics Repair Manual - Operation



Display — Includes 6300/6310 Display Wiring, LEDs, Test Procedures

DISPLAY.01 – 6300/6310 Display Board Wire Connection Diagram

DISPLAY.02 – 6300/6310 Display Board Wire Connection Picture

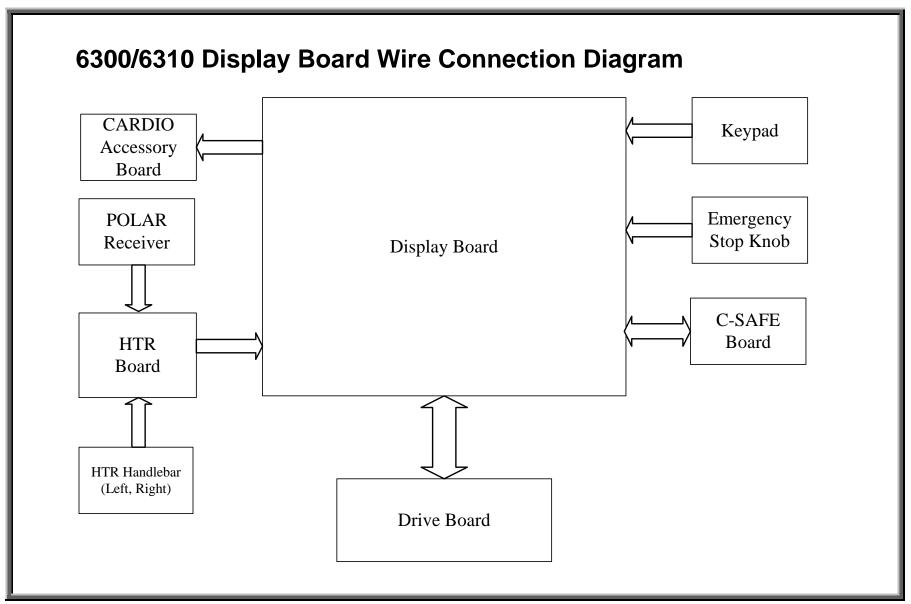
DISPLAY.03 - 6300/6310 Display Board LEDs

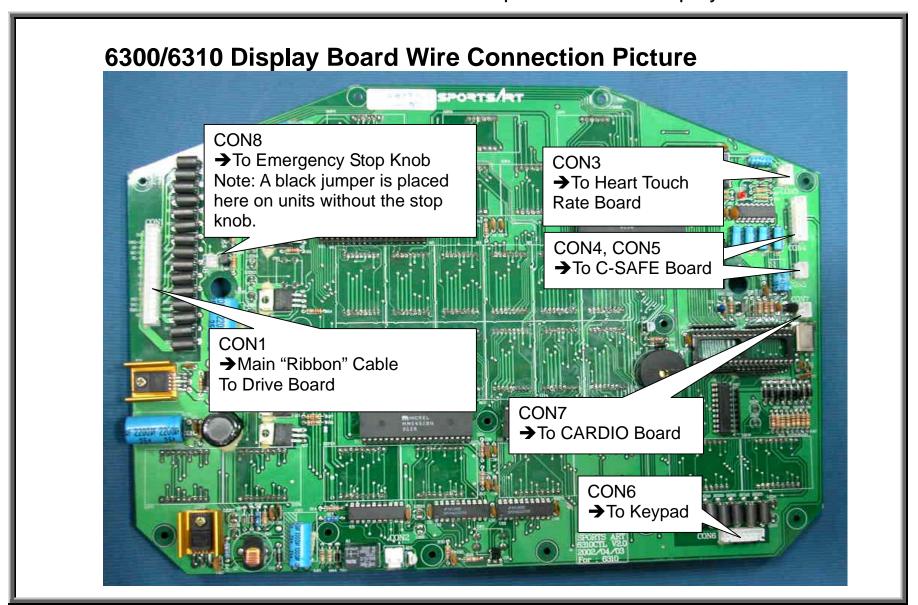
DISPLAY.04 – 6300/6310 Display VCC Circuit Voltage Test

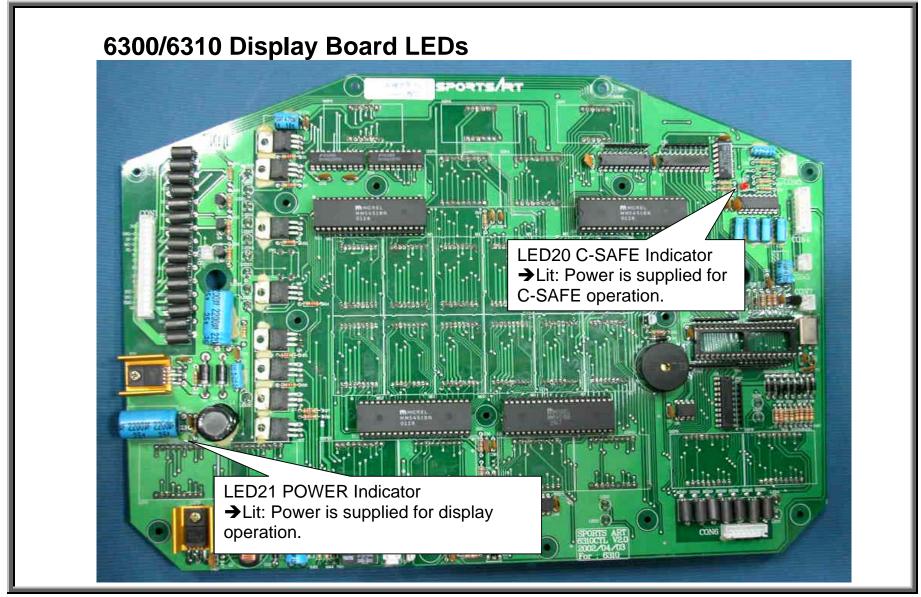
DISPLAY.05 – 6300/6310 Display VBB Circuit Voltage Test

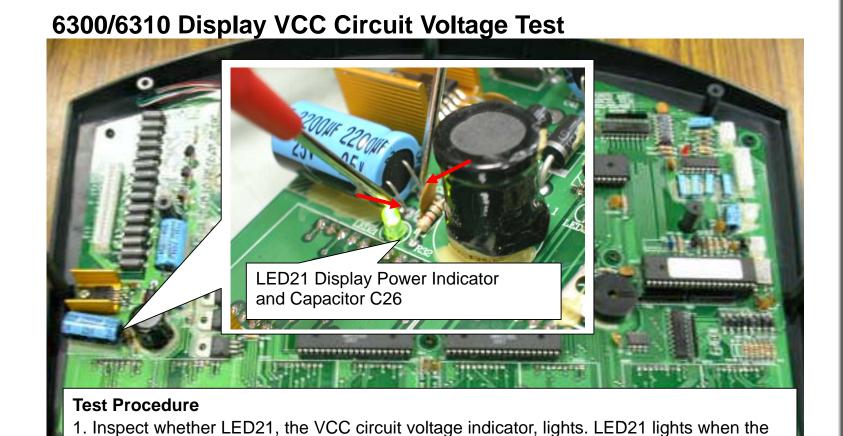
DISPLAY.06 – Display Board Main Program IC U5

DISPLAY.07 – 6310 Display Board – Front View









2. Place probes as shown on the pins of capacitor C26. Normal reading: 5 VDC. If so, the

display has voltage from the drive board.

display has power to operate.



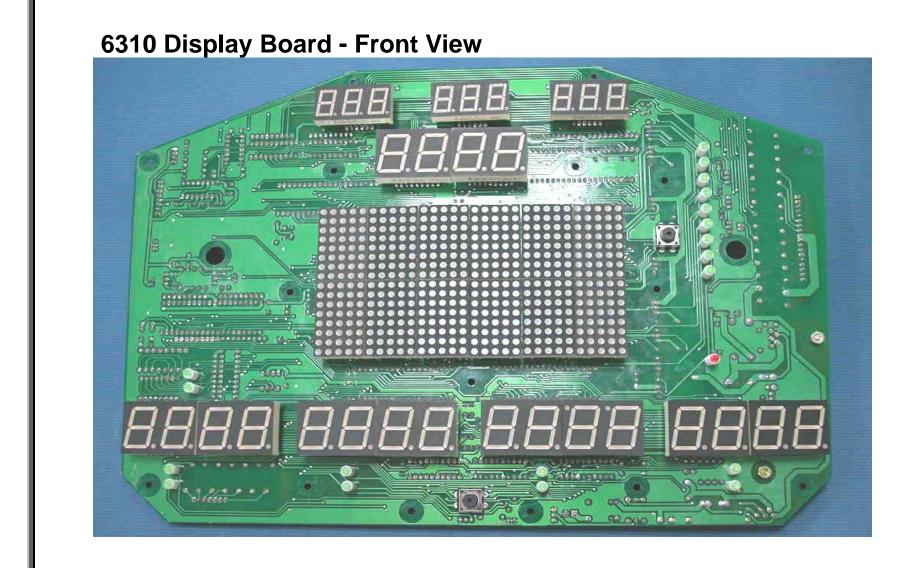


Test Procedure: Place probes as shown on the pins of capacitor C41. Normal reading: 14 VDC.

6300/6310 Treadmill Electronics Repair Manual – Display



6300/6310 Treadmill Electronics Repair Manual – Display



6300/6310 Drive Board - Includes 6300/6310 Drive Board Wiring, LEDs

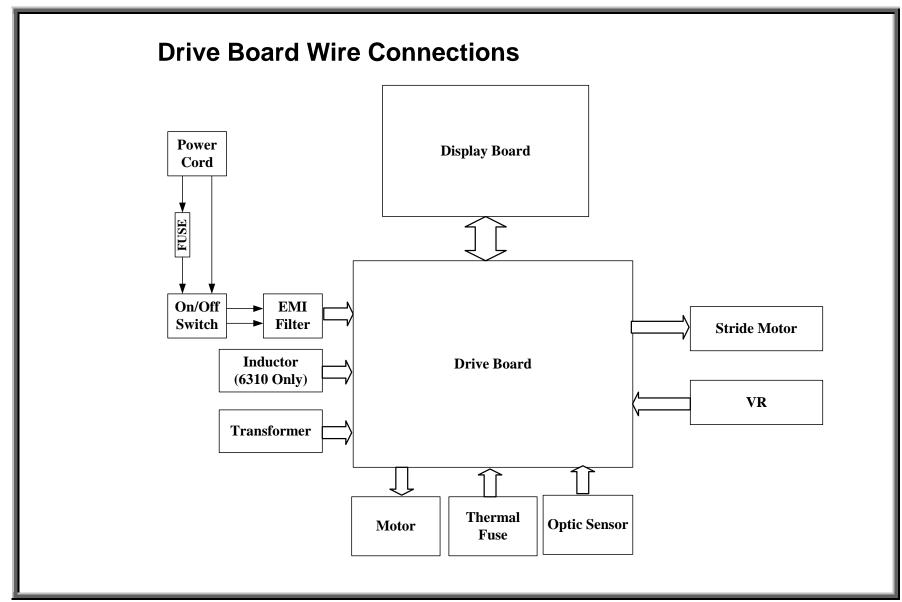
DRIVE BOARD.01 - Drive Board Wire Connection Diagram

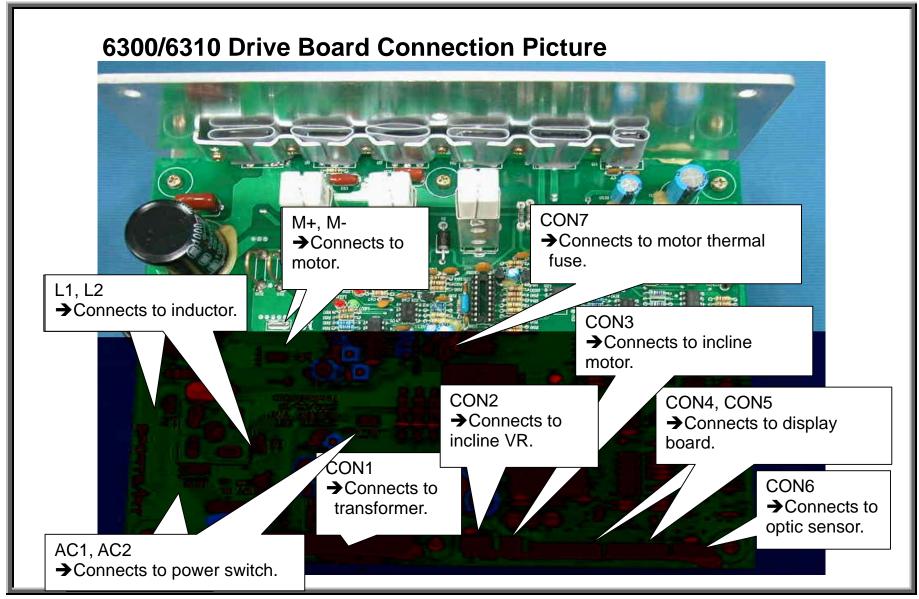
DRIVE BOARD.02 - 6300/6310 Drive Board Wire Connection Picture

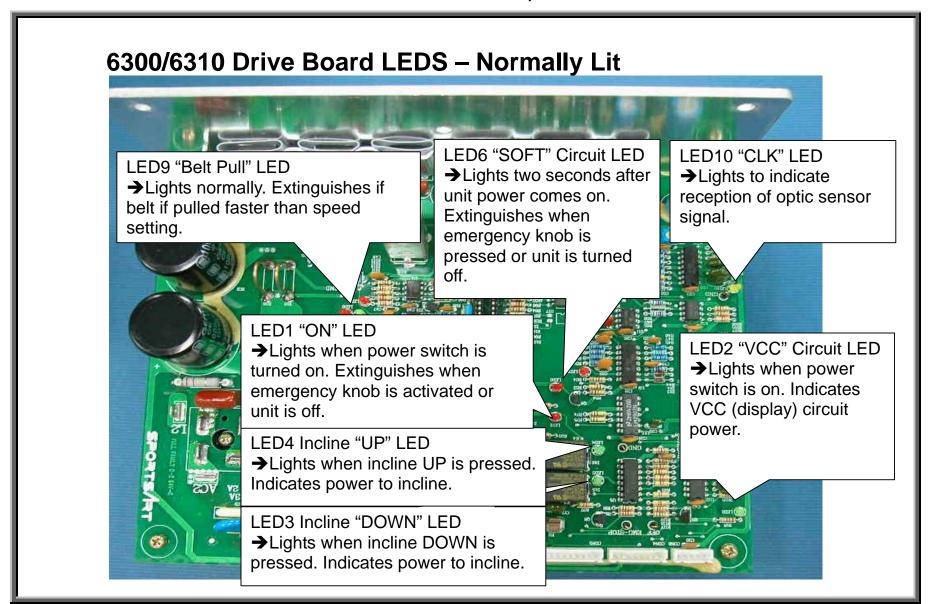
DRIVE BOARD.03 - 6300/6310 Drive Board LEDs - Normally Lit

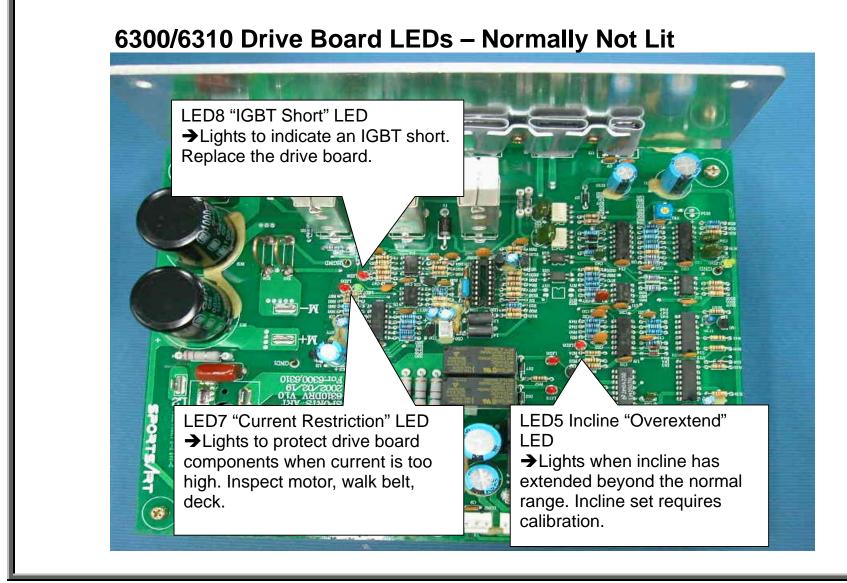
DRIVE BOARD.04 - 6300/6310 Drive Board LEDs - Normally Not Lit

DRIVE BOARD.05 - 6300/6310 Drive Board Picture









6300/6310 Drive Board Picture



6300/6310 Drive Motor System Operation

MOTOR.01 – 6300/6310 Motor System Operation

MOTOR.02 – 6300/6310 Voltage to Motor – Test Configuration

MOTOR.03 – 6300/6310 Voltage to Motor – Test Procedure, Test Results

MOTOR.04 – 6300/6310 Motor Circuit and OHM Test Configuration, Procedure

MOTOR.05 – 6300/6310 Transformer Test Configuration

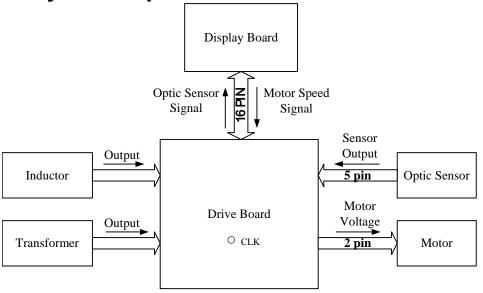
MOTOR.06 – 6300/6310 Transformer Test Procedure, Results

MOTOR.07 – 6300/6310 Inductor Test Configuration, Procedure

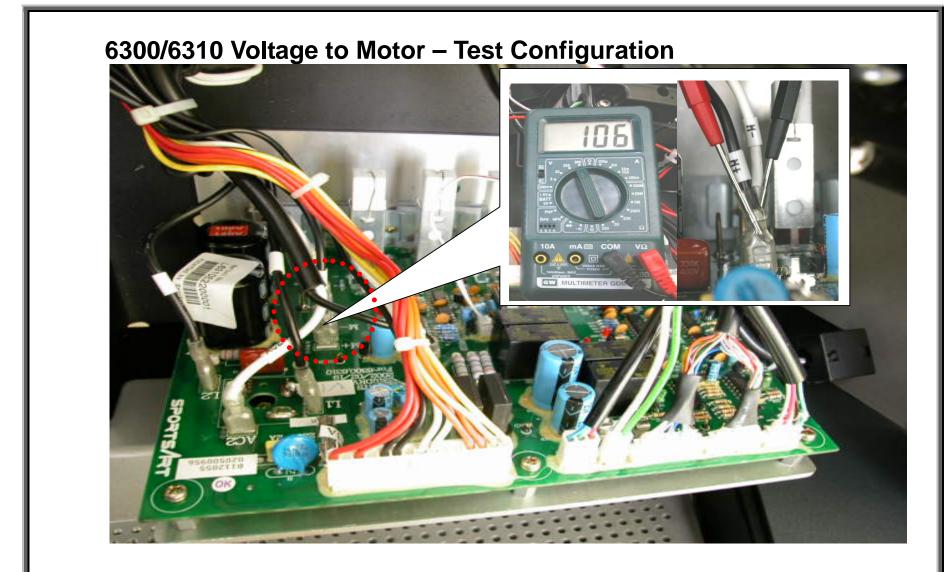
MOTOR.08 – 6300/6310 Optic Sensor Signal Test

MOTOR.09 – 6300/6310 Optic Sensor Signal Test Procedure, Results

6300/6310 Motor System Operation



- 1. Display emits the speed signal, which travels from the ribbon cable to the drive board.
- 2. The drive board puts out power for the motor. (The transformer splits power into smaller voltages for various circuit operation. The inductor ensures steady current to the motor.)
- 3. The motor operates according to power from the drive board.
- 4. The optic sensor clocks motor movement. Its signal travels from the sensor, to the drive board, up the ribbon cable, to the display.
- 5. The display program IC uses the speed signal from the optic sensor to determine whether to command the drive board to supply more or less voltage to the motor.



6300/6310 Voltage to Motor – Test Procedure

- 1. Put multimeter to the DC voltage setting. Place probes as shown on the drive board M+ and M-connectors.
- 2. Turn on unit power. Press SPEED<*> key. The multimeter should show an increase in voltage. The motor should operate. At the highest speed (12.0 MPH), the multimeter should show 100-120 VDC.

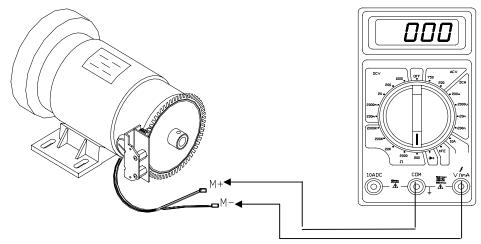
6300/6310 Voltage to Motor – Test Results

If there is no voltage across M+ and M- connectors, the drive board is not supplying power. Inspect the following:

- 1.Drive board power indicator, LED2. If LED2 does not light, trace power from the wall into the unit, to see where the power stops. Also, inspect fuses.
- 2.Drive board IGBT short indicator, LED8. If LED8 lights, the IGBT has a short. Replace the drive board.
- 3. Transformer and its wire connectors. See TESTING TRANSFORMER.1.
- 4. Test the drive board by replacing it with a new one.

If the drive board does provide power, but the motor does not operate, inspect the motor wire connections. If the wires are good and the connections are good, but the motor does not operate, the motor is bad. Replace it.

6300/6310 Motor Integrity and OHM Test Configuration



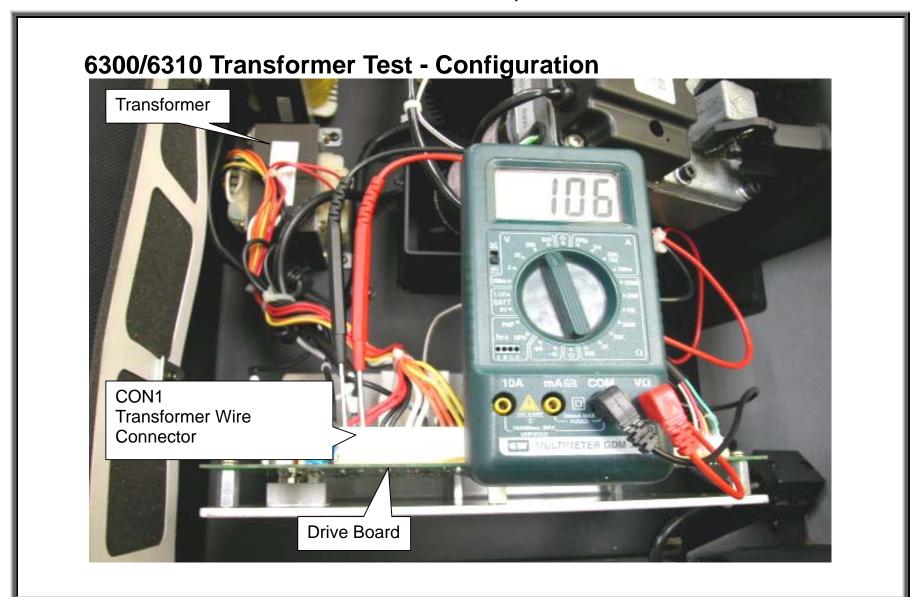
6300/6310 Motor Integrity Test Procedure

Remove the M+ M- wires from the drive board. Put multimeter to the 200 VDC setting. Place one probe on the M+ wire. Place the other probe on the M- wire. Spin the motor flywheel with your hand. Normal results: The faster the motor spins, the more voltage is produced. If no voltage is produced, replace the motor.

6300/6310 Motor OHM Test Procedure

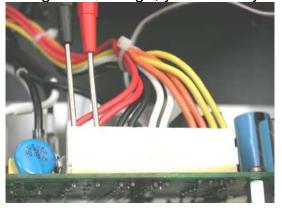
Remove the M+ M- wires from the drive board. Put multimeter to the OHM setting. Place one probe on the M+ wire. Place the other probe on the M- wire. Normal reading: 1 to 4 Ohm. Turn the flywheel slightly and take another reading. Take readings in small steps until the flywheel completes a full rotation. All readings

should be within 1 to 4 Ohm. "0" would indicate a short; OL would indicate a break; Replace the motor.



6300/6310 Transformer Test Procedure

- 1. Make sure that transformer wire connections (CON1) to the drive board are secured. Turn unit on.
- 2. Put multimeter to the AC voltage setting. Insert meter probes into the transformer primary (red) wires as shown. Normal reading: 110V. This shows that there is power to the transformer.
- 3. Test transformer output by probing on secondary (output) wires: black and black, white and white, orange and orange, yellow and yellow.

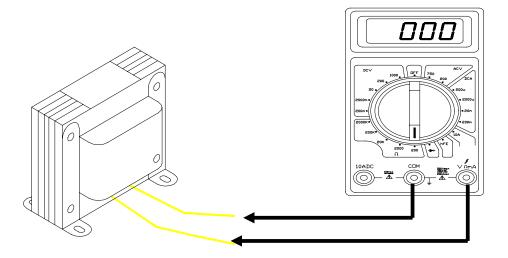


Transformer Wire Colors	Normal Voltage Value
Red and Red	110 VAC
Black and Black	11-13 VAC
White and White	11-13 VAC
Orange and Orange	27-29 VAC
Yellow and Yellow	10-12 VAC

6300/6310 Transformer Test Results

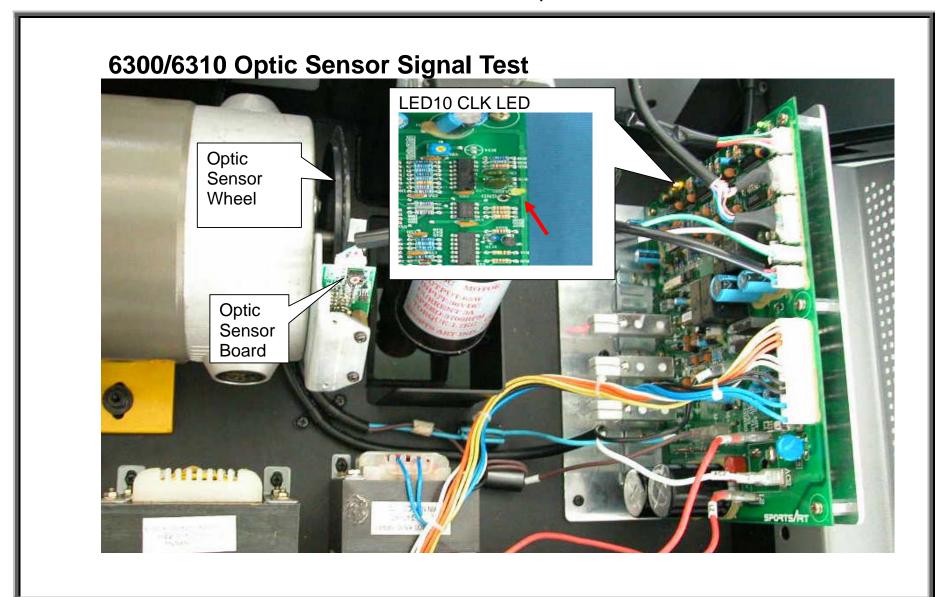
- 1. If there is no voltage across the primary (red) wires, inspect F1 fuse on the drive board and power to the drive board.
- 2. If there is voltage across primary wires but none across secondary wires, the transformer is bad. Replace it.

6300/6310 Inductor Test Configuration



6300/6310 Inductor Test Procedure

- 1. Disconnect the inductor wires from the drive board.
- 2. Put multimeter to the Ohm setting. Place one probe on each wire end.
- 3. Normal reading: 0.4 Ohm.
- 4. If there is no reading (OL), or a reading of 0 Ohm, or if the inductor makes a "wong" sound as the user's heel strikes the belt, replace the inductor.



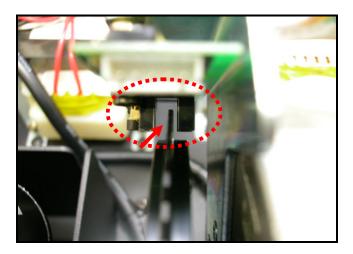
6300/6310 Optic Sensor Signal Test Procedure

Turn on unit power. Do not press display keys. Use your hand to rotate the motor flywheel. Normal result: LED 10 lights to indicate the optic sensor signal entering the drive board. The LED appears to flicker at a low speed and remain lit at high speed.

6300/6310 Optic Sensor Signal Test Results

If LED10 does not light, inspect:

- 1. Optic sensor signal wires and their connections; Reinsert wire ends into connectors.
- 2. Whether optic sensor wheel rotates in the middle of the sensor; If not, reinstall the optic sensor wheel.
- 3. Whether optic sensor wheel teeth are broken or bent; if so, replace the optic sensor wheel.
- 4. If LED2, the VCC circuit indicator, on the drive board lights and there is no optic sensor signal output (LED10 does not light), and if optic sensor wires and connections are good, replace the optic sensor.



6300/6310 Incline System Operation

INCLINE.01 – 6300/6310 Incline System Operation

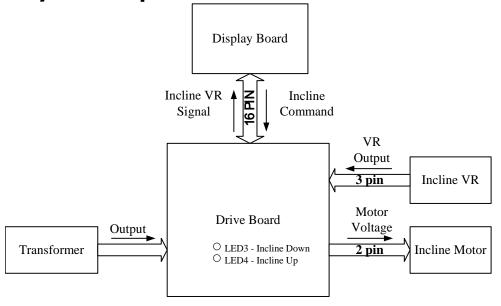
INCLINE.02 – 6300/6310 Voltage to Incline Motor – Test Configuration

INCLINE.03 – 6300/6310 Voltage to Incline Test Procedure, Results

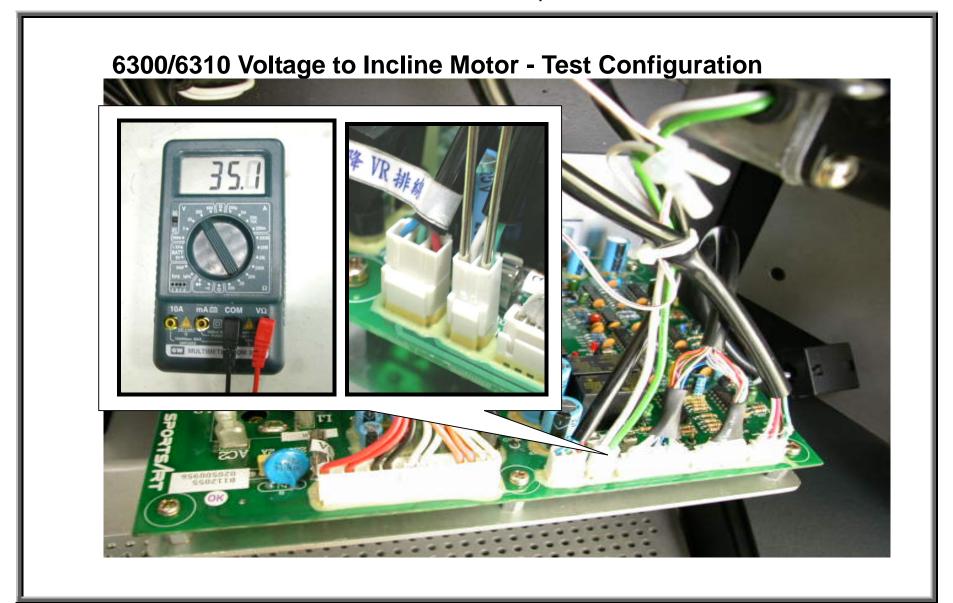
INCLINE.04 – 6300/6310 Incline VR Voltage –Test Configuration

INCLINE.05 – 6300/6310 Incline VR Voltage Test Procedure, Results

6300/6310 Incline System Operation



- 1. Display emits the incline signal, which travels from the ribbon cable to the drive board.
- 2. The transformer breaks wall power down into smaller voltages for various circuit operation, including the incline motor.
- 3. The drive board puts out power for the motor. Up operation: K4 relay clicks, LED 4 lights. Down operation: K2 relay clicks, LED 3 lights.
- 4. The incline motor operates according to power from the drive board. UP operation: K4 relay clicks, LED 4 lights. Down operation: K2 relay clicks, LED 3 lights.
- 5. As the incline motor moves, the variable resistor (VR) moves, changing VR output voltage. The VR voltage travels to the drive board, up the ribbon cable, to the display.
- 6. The display program IC uses the VR signal to determine the position of the incline. This is used to determine whether to supply or cut off power for incline motor operation.



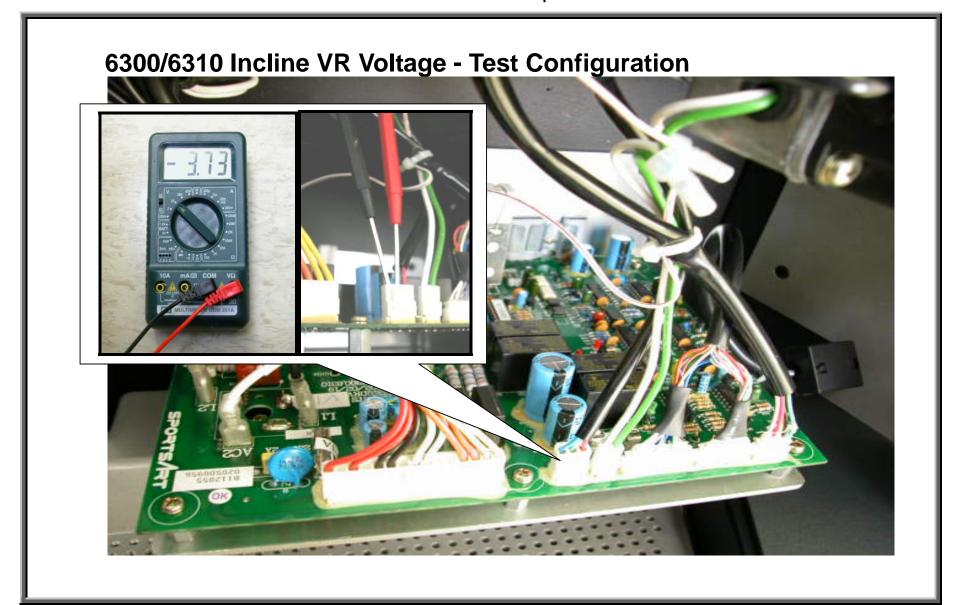
6300/6310 Voltage to Incline Test Procedure

- 1. Put multimeter to the DC Voltage setting. Insert the red probe into the CON3 white wire connector. Insert the black probe into the CON3 green wire connector. Turn on unit power.
- 2. Press INCL<*> key. K4 relay clicks; LED4 lights. Normal reading: +35 VDC. Incline operates up.
- 3. Press INCL<▼> key. K2 relay clicks; LED3 lights. Normal reading: -35 VDC. Incline operates down.

6300/6310 Voltage to Incline Test Results

If not as above, inspect the following:

- 1. In manual mode, press an incline up or down key. The display should beep once. If not, inspect the display.
- 2. Test the transformer voltage (see TESTING TRANSFORMER.1 in Motor System Operation); Check for 35 VDC across the orange wires.
- 3. If LED 5 on the drive board lights or ERR7 appears, recalibrate the incline set and test incline operation again.
- 4. If the display beeps when incline keys are pressed, but the drive board incline up and down LEDs don't light, inspect the ribbon cable (check continuity). If the ribbon cable is good and the transformer is good, replace the drive board.



6300/6310 VR Voltage Test Procedure

- 1. Put multimeter to the DC Voltage setting. Place one probe on the CON2 connector blue wire. Place the other probe on the CON2 connector green wire.
- 2. Turn on unit power. Normal reading: 1.10 to 3.60 VDC.
- 3. Press the INCL<*> key until the incline window shows 15%. The incline arrives at the highest position. Normal reading: 3.80 VDC.
- 4. Press the INCL<▼> key until the incline window shows 0%. The incline arrives at the lowest position. The red line on the thin pipe is visible just above the red line on the thick pipe. Normal reading: 1.20 VDC.

6300/6310 VR Voltage Test Results

- 1. If not as above, recalibrate the VR and incline motor.
- 2. If the VR voltage jumps during incline operation or fails to calibrate properly, replace the VR.

6300/6310 Incline Calibration CALIBRATION.01 - 6300/6310 Incline Calibration Overview CALIBRATION.02 – Mechanical Calibration CALIBRATION.03 - Electronic Calibration CALIBRATION.04 - Incline Calibration Testing

6300/6310 Incline Calibration Overview

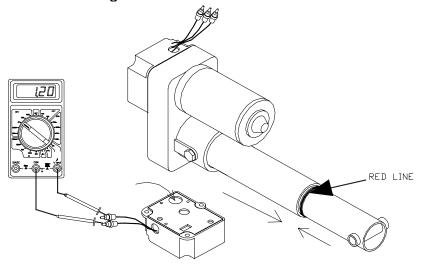
Incline calibration is necessary when:

- the display shows ERR7;
- the drive board incline error LED (LED5) lights;
- or the incline has extended beyond its normal range.

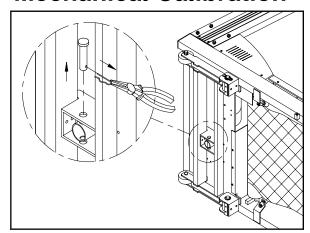
The goal of calibration is to synchronize the incline set mechanically and electronically. Mechanical calibration sets the incline motor pipe to the 0% position. This happens when the red line

on the thin pipe is even with the end of the thick pipe.

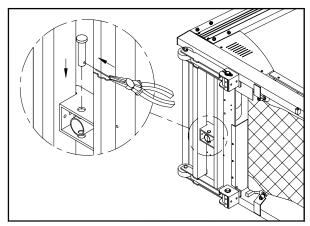
Electronic calibration sets the variable resistor (VR) value to the 0% position. This happens when the voltage across the VR blue and green wires is 1.20 VDC.



Mechanical Calibration



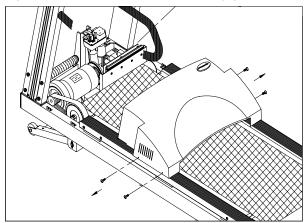
Step 1. Turn the unit on its side, and pull out the incline pin.



Step 3. Insert the incline pin.

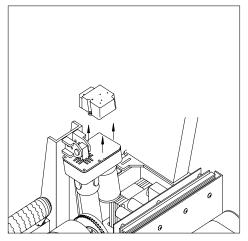


Step 2. Turn the incline motor pipe until the red line on the thin pipe is visible just above the end of the thick pipe.

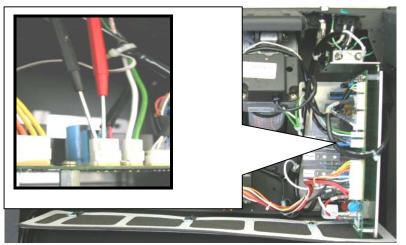


Step 4. Right the unit and remove the motor cover.

Electronic Calibration



Step 1. Remove the VR cover but do not detach VR wires.

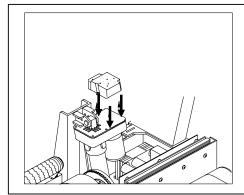


Step 2. Set multimeter to the DC volt setting. Insert multimeter probes into the VR blue and green wire connectors on the drive board.





Step 3. Turn the VR gear until the multimeter shows 1.20 VDC.



Step 4. Secure the VR, then secure motor cover.

Incline Calibration Testing

Test the calibration by running the incline.

- At the physical 0% position, the display should show 0% incline.
- At the physical 15% position, the display should show 15% incline.
- Incline operation should be smooth.
- Readings of VR voltage (blue and green wires) should show around 1.20 VDC at the lowest position and around 3.80 VDC at the highest position.

If the VR looses calibration or cannot be set to 1.20 VDC, replace the VR.

If the incline motor gets voltage from the drive board but fails to operate, replace the incline motor set. If the incline fuse blows again and again, replace the incline motor set.

6300/6310 Heart Rate System Operation

HR.01 – Heart Touch Rate (HTR) Operation

HR.02 - POLAR Heart Rate (HR) Operation

HR.03 - HTR Board LED Operation, LED Indicator Definitions

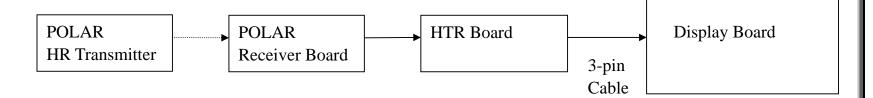
HR.04 – Possible Malfunctions, Troubleshooting

HR.05 – HTR Cable/Handlebar Test Procedure

HTR Handlebar Order Part HTR Handlebar Operation Order Part HTR 1.Place both hands on the HTR handlebars. The handlebars detect the user's Handlebar 2.The pulse signal travels across wires from the handlebars to the HTR board

Order	Part	Operation	
	HTR	1.Place both hands on the HTR handlebars. The handlebars detect the user's pu	
Handlebar 2. The pulse signal travels across wires from the handlebars to the		2. The pulse signal travels across wires from the handlebars to the HTR board.	
'		3.LED2 and LED4 on the HTR board light up when the user holds onto the	
		handlebars.	
	HTR Board	1.The HTR board receives, processes, and transmits pulse signals.	
2		2.LED3 flashes each time an incoming pulse signal is received.	
		3.LED4 flashes each time an outgoing pulse signal is sent to the display board.	
		4.The HTR board sends its heart rate signal to the display board.	
3	3-PIN Cable	1. The heart rate signal travels the 3-pin cable from the HTR board to the display	
3		board.	
		1. The display board CPU detects the digital heart rate signal and determines the	
4	Display	heart rate value.	
		2. The display PULSE window shows the heart rate value.	

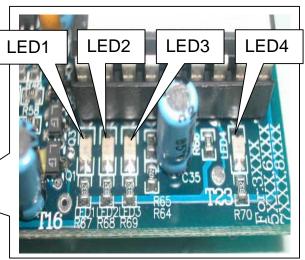
POLAR Heart Rate (HR) Operation



Order	Part	Operation
1	Transmitter	 User wears the POLAR heart rate strap. POLAR transmitter detects the user's heart rate. Then it transmits the heart rate signal to the receiver.
2	POLAR HR	 The POLAR receiver board receives the POLAR transmitter signal. The POLAR signal goes to the HTR board. After processing the heart rate signal, the HTR board sends it to the display board.
3	.3-0in (.anie	1. The heart rate signal travels the 3-pin cable from the HTR board to the display board.
4	i iichian	 The CPU detects the heart rate signal. The display shows the heart rate value.

HTR Board LED Operation





LED Indicator Definitions

Function	LED1	LED2	LED3	LED4
HTR	X - Not lit in HTR	Lights when user	Flashes to	Lights when HTR handlebars are
	mode.	holds onto HTR	indicate incoming	held; Flashes when HTR signal is
		handlebars.	HTR signal.	sent to display.
POLAR	Flashes to	X - Doesn't light in	X - Doesn't light in	Flashes when POLAR signal is sent
	indicate	POLAR mode.	POLAR mode.	to display.
	incoming			
	POLAR signal.			

Possible Malfunctions

- 1. Strap on a Polar heart rate transmitter or hold onto the HTR handlebar. The display PULSE window shows no heart rate value.
- 2. The PULSE window shows the heart rate value inappropriately when no one touches the HTR handlebar or when no one wears the Polar strap.
- 3. Place hands on the HTR handlebar or wear the Polar strap. The display PULSE window value differs greatly from the user's actual heart rate.

Troubleshooting

Malfunction	Cause	Inspect
LED1	POLAR receiver is not detecting a heart rate or the	POLAR transmitter, POLAR receiver board,
(POLAR)	signal is not getting to the HTR board.	wires
not flashing		
LED2 (HTR)	HTR handlebar is not being held or there is no	HTR handlebar, wire from HTR board to
not lighting	detection of a signal at the HTR board.	handlebar (See HR.05.)
LED3 (HTR)	Signal is not arriving from HTR handlebars.	HTR handlebar, cable, HR board (See HR.05.)
not flashing		
LED4	POLAR receiver or HTR is not emitting a heart rate	If all other HTR board LEDs are normal, replace
(HTR+POLAR)	signal to the display.	the HTR board.
not flashing		
Display Shows	If HTR board LEDs are normal, inspect the 3-pin	3-pin cable, connections, display board
No HR Value	cable, its connections, and the display board.	

HTR Cable/Handlebar Test Procedure

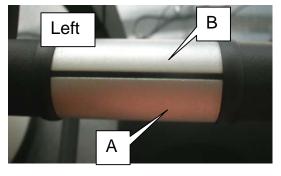
A lack of continuity or a short in the wiring between the HTR board and handlebars could result in either no heart rate reading, intermittent readings, or bad heart rate readings.

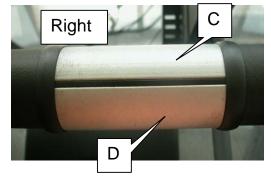
Follow directions below to test the 5-pin HTR cable. (1) Turn off unit power. Remove the 5-pin cable from the HTR board. (2) Set multimeter to read continuity. (If your multimeter does not have an audible continuity setting, set your meter to the 200 OHM setting. A reading of 0 ohms is direct continuity. No reading or OL (open line), indicates no continuity.) Place probes as indicated in Fig. 1 and 2 below. (3) Normal readings are shown in the charts below.

Fig. 1. Place red probe on points here.

GND c d

Fig. 2. Place black probe on points here.





Continuity Test	
a to A	Conductivity
b to B	Conductivity
c to C	Conductivity
d to D	Conductivity

Short Test	
GND to A	No Conductivity
GND to B	No Conductivity
GND to C	No Conductivity
GND to D	No Conductivity
GND to Frame	No Conductivity

Note: Around Oct. 2004, HTR handlebars changed. One contact plate was used on each side. The picture shows two plates, one on top, one on the bottom, on each side. Testing is similar, but two wires will be open – not conductive.

6300/6310 Treadmill Electronics Repair Manual - Troubleshooting

6300/6310 Troubleshooting

ERR1.01 – ERR 1 – Motor Movement

ERR1.02 – Troubleshooting: ERR1 Motor Movement

ERR1.03 – ERR 1 – No Motor Movement

ERR1.04 – Troubleshooting: ERR1 Motor Movement

ERR3.01 - ERR 3

ERR3.02 – ERR 3 Troubleshooting

ERR7.01 - ERR7

ERR7.02 – ERR7 Troubleshooting

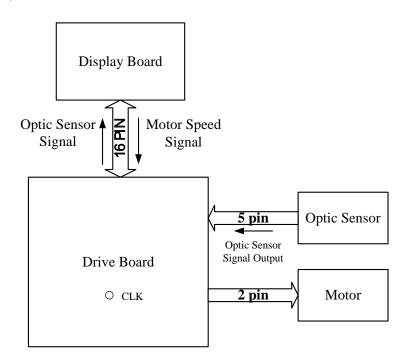
NO DISPLAY.01 - Display Does Not Light

NO DISPLAY.02 – Troubleshooting: Display Does Not Light

ERR 1 – Motor Movement

ERR1 indicates a speed issue. In this case, the motor speed as reported from the optic sensor differs from the speed setting.

Analysis: Optic sensor signal issue -- Either the optic sensor signal is not right, or it is read incorrectly, or the signal is not reaching the display.



Troubleshooting: ERR1 – Motor Movement

Since the motor moves when you press speed up, focus on the optic sensor, its wire connections, and the optic sensor wheel. If all seems well at the sensor, inspect the motor.

Optic Sensor

- Optic sensor wheel Make sure that the optic sensor wheel rotates securely, without wobbling, in the middle of the optic sensor. Realign and tighten if necessary. If optic sensor wheel teeth are missing or bent, replace the optic sensor wheel.
- Optic sensor wires Make sure that wires are inserted securely to the optic sensor and to the drive board.
 Check wire continuity.
- Optic sensor Turn on unit power. Turn the motor flywheel with your hand. The optic sensor indicator (LED10, drive board) should light. See MOTOR.08. If it does not light, and all parts above are good, replace the optic sensor.

Motor

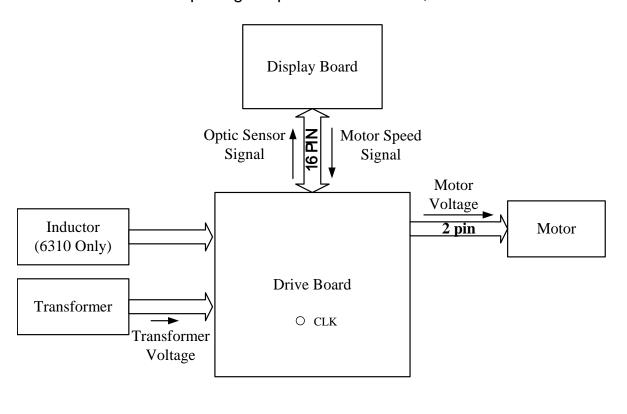
- Motor arcing Does the motor show signs of wear irregular arcing, carbon dust?
- Motor brushes Do brushes show signs of irregular wear cracks, dents, lines? Replace the motor brushes.
- M+ M- Wires Make sure wires are connected properly.

Other

- Display main IC To ensure proper signal processing, press down on the main IC on the display board, marked U5. See DISPLAY.06.
- Ribbon cable Ensure that the ribbon cable is attached at the drive and display boards. Check cable continuity.

ERR 1 – No Motor Movement

ERR1 indicates a speed issue. In this case, the motor does not operate when it should. Analysis: Either the drive board is not putting out power to the motor, or the motor is malfunctioning.



Troubleshooting: ERR 1 – No Motor Movement

Turn unit power off and then on to clear the ERR1 message from the display. To test whether the drive board is putting out power to the motor, insert multimeter probes on the M+ M- connectors and press the speed up key. See MOTOR.02. (Note: To avoid ERR1 from immediately appearing, move the walk belt slowly with your feet.)

Power to Motor

If the drive board puts out power to the motor, but the motor does not operate, either the motor wires or motor is malfunctioning. Test wires for continuity. Inspect connections. Perform an ohm test on the motor (see MOTOR.04). Inspect motor brushes.

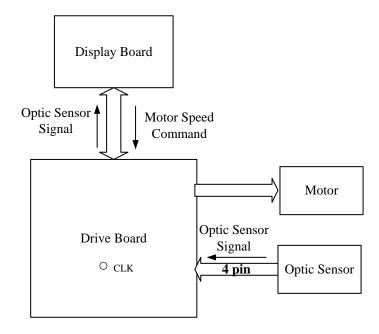
No Power to Motor

If there is no power to the motor, either the signal is not arriving at the drive board, the transformer or inductor is bad, or the drive board is bad. Inspect the following:

- Display Does the display beep when you press speed up? If so, the display has sent its signal. If not, inspect overlay-to-display connections. And press down on the main program IC, marked U5.
- Wires and their connections inspect data cable connections from the display to the drive board, test data cable continuity, inspect M+ M- wires from the drive board to the motor.
- Inductor (6310 only) inspect inductor and its wires and their connections. See MOTOR.07.
- Transformer inspect the transformer and its wires and their connections. See MOTOR.05.
- Drive Board inspect the drive board for burnt or cracked components. Inspect LEDs (See DRIVE.03 and DRIVE.04). Press on the drive board IC chips to ensure good connection. If the power indicator on the drive board, LED8, lights, but there is no power to the motor, and other components are good, replace the drive board.

ERR 3

ERR3 indicates that the actual unit speed differs from the speed setting. Unlike older SportsArt treadmills, though, ERR3 cannot be produced in 6300/6310 models by the user pulling the belt faster than the speed setting. Resolve an ERR3 issue much like you would an ERR1 with belt movement: check the optic sensor first. Other possible causes include a bad drive board motor circuit creating irregular power supply and a poorly connected main program IC.



ERR 3 Troubleshooting

Inspect the optic sensor and other components as follows.

Optic Sensor

- Optic sensor wheel Make sure that the optic sensor wheel rotates securely, without wobbling, between the black optic sensor nubs. Realign and tighten if necessary. If optic sensor wheel teeth are missing or bent, replace the optic sensor wheel.
- Optic sensor wires Check wire connections from the optic sensor to the drive board. Check wire continuity .
- Optic sensor Turn on unit power. Turn the motor flywheel with your hand. The optic sensor indicator (LED10 on the drive board) should flicker. See MOTOR.08. If it does not light, and all parts above are OK, replace the optic sensor.

Other

- Motor Does the motor sputter, sometimes running fast, sometimes slow? See MOTOR.04. If the motor tests good, replace the drive board. If the motor tests bad, replace it.
- Drive board See above, and inspect for burnt, damaged, or loose components.
- Main program IC Press down on the main program IC on the display to ensure a good connection.
 Replace the IC if necessary.

ERR 7 Either the main program IC didn't detect the incline VR voltage, or the incline VR voltage exceeds the range setting. Display Board Incline VR Voltage Incline Motor O LEDSERR Drive Board Incline VR Voltage Incline VR

ERR 7 Troubleshooting

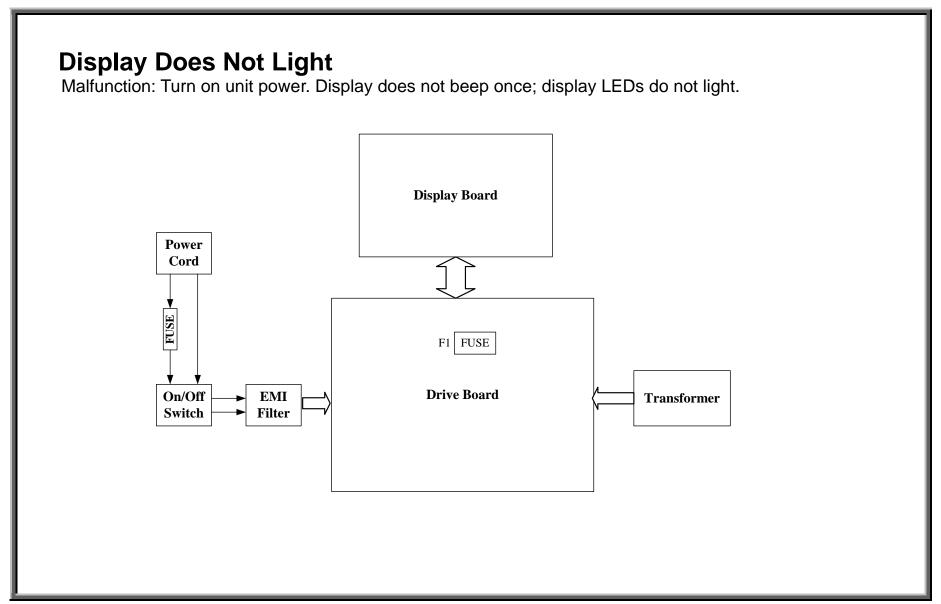
ERR7 is an incline system VR error. Check the incline VR first. Other possible causes include a bad data cable, drive board IC, and display IC. LED 5 on the drive board lights when the VR exceeds the set range.

Incline System

- Wire Connections Make sure that CON4 and 5 connectors are fastened securely.
- Incline Set If the incline pipe is stuck or overextended, recalibrate. See CALIBRATION.01.
- VR Back-probe across the incline VR blue and green wires. Normal range: 1.1 to 4.0. Recalibrate the incline VR if values exceed this range. See CALIBRATION.01. If the VR will not calibrate, replace it.

Other

- Drive board The drive board should supply 5 VDC power to the incline VR. Test by back-probing on the VR green and red wires. Also, press on drive board IC U20, marked 63DRV-1A, to ensure a good connection.
- Display board Press on display board ICs U5 (main program) and U3 (ADC0804) to ensure good connections.
- Data cable Inspect for broken or shorted wires. Perform continuity test on the cable.



Troubleshooting: Display Does Not Light

Trace the power into the unit. The problem exists where the power desists.

- Power socket in the wall Provides 110 to 120 VAC. If not, inspect the circuit breaker.
- Power cord Make sure cord is plugged in properly. Inspect output.
- Fuse holder Replace 15 Amp fuse if necessary. Inspect that power comes out of fuse holder.
- On/Off switch Switch lights when "ON" and extinguishes when "OFF". Inspect for output.
- EMI filter Inspect for output by back-probing on AC1 and AC2 wires to the drive board. Normal reading: 110 to 120 VAC.
- Transformer Inspect for input and output. (See MOTOR.02.)
- Drive board LED2 lights when drive board has power. (See DRIVE.03.) Test F1 3A fuse for continuity. (See DRIVE.05, lower left.) Make sure that wires, in particular CON3 and 4, are connected securely.
- Data cable Make sure data cable is securely plugged into the display and drive boards. Test cable for continuity.
- Display LED21 lights when display has power. (See DISPLAY.03.) Power to display can also be confirmed by probing on capacitors. Capacitor C26 voltage: 5 VDC. (See DISPLAY.04.) Capacitor C41 voltage: 14 VDC. (See DISPLAY.05.) (Electronic engineer replace U17 PW-8051.) Press down on main program IC U5 to ensure a good connection. (See DISPLAY.06.) Press down on LEDs to ensure a good connection.

Testing Components Unique to 6300/6310 Treadmills

FILTER.01 - EMI Filter

FILTER.02 - EMI Filter Test

THERMAL FUSE.01 - Thermal Fuse Placement

THERMAL FUSE.02 – Thermal Fuse Operation

THERMAL FUSE.03 – Thermal Fuse Troubleshooting

EMERGENCY STOP.01 – Emergency Stop Signal Diagram, Emergency Stop Knob Operation

EMERGENCY STOP.02 – Emergency Stop Knob Troubleshooting, Emergency Stop Knob Test Configuration

EMERGENCY STOP.03 – Emergency Stop Revision

KEYS.01 – Key Operation, Key Test Configuration

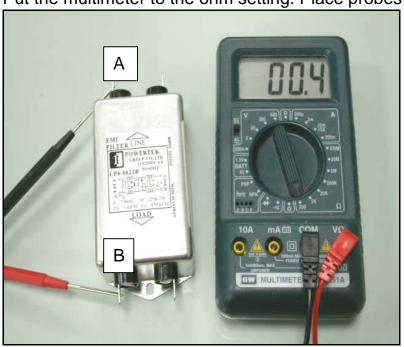
KEYS.02 – Key Test Procedure

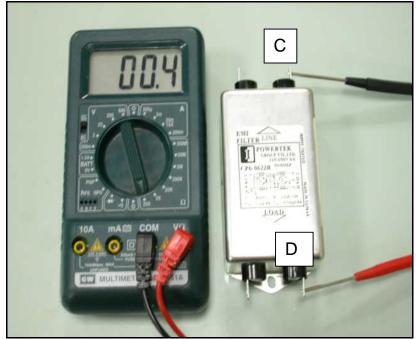
EMI Filter

The EMI filter prevents interference to other electronic products. A malfunctioning filter would allow Interference to other product operation or possibly prevent voltage from arriving to the drive board.

EMI Filter Test

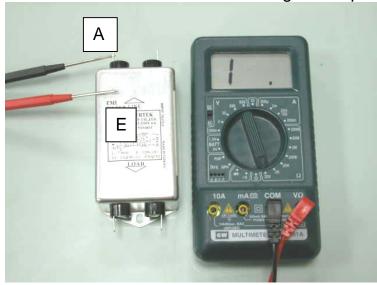
Put the multimeter to the ohm setting. Place probes as shown below.





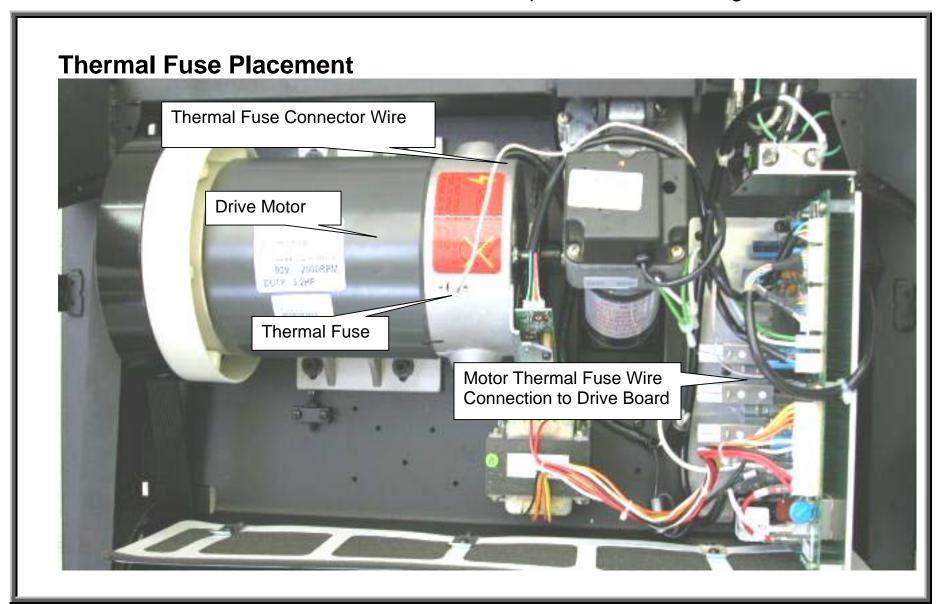
Test 1. Point A to Point B; Normal reading: 0.4 ohm. Test 2. Point C to Point D. Normal reading: 0.4 ohm.

EMI Filter Test (Continued)Put the multimeter to the ohm setting. Place probes as shown below.

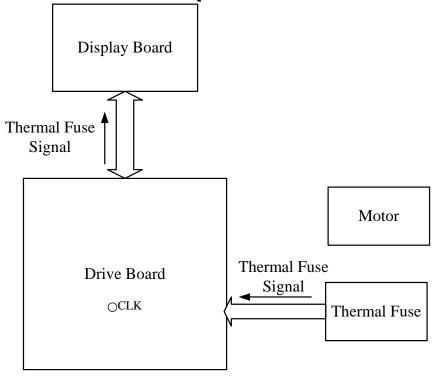


Test 3. Point A to Point E; Normal reading: No reaction (1 or OL).

Test Figure	Test Point	Normal Reading	Test Item
Fig. 1	A-B	0.4	There should be continuity between A and B
Fig. 2	C-D	0.4	There should be continuity between C and D
Fig. 3	A-E	1 or OL (open)	There should not be continuity between A and E; Continuity here indicates a short.



Thermal Fuse Operation



Design Change Implementation

Model, Date, IC, Serial Number 6300, 03/30/04, M63T-4B, 0077981; 6310, 04/27/04, B631H-4B, 0078117; 6320, 0091593, B632H-4B, 0091593;

Information above marks the start of a thermal fuse operation design change. Before the change, the "Service Required" would light on the display after the thermal fuse was tripped. After the change, the motor would be shut down as well so the unit could not be used.

- 1. When the motor temperature gets too high, the thermal fuse "breaks," cutting continuity to the thermal fuse circuit.
- 2. The break in continuity serves as a signal, which travels to the drive board then to the display.
- 3. The display main program IC reacts: "Service required" indicator lights on the display. On later units, the motor is shut off too. For details, see above right.

Thermal Fuse Troubleshooting

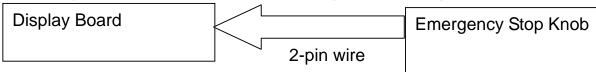
If the "Service required" indicator lights, check the motor. Is it hot?

If the motor is not hot, and the indicator lights, check the fuse wire and its connections. Replace the thermal fuse if wires and connections are good but the indicator lights when the motor is cool.

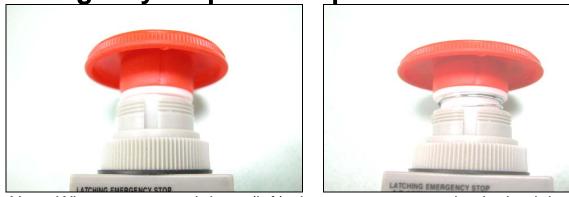
If the motor is hot, inspect the deck and belt. Worn decks and belts produce friction, which causes the motor to draw more current and heat up. A walk belt that is too loose or too tight can cause more friction too. Replace belts and decks if necessary. The deck is two-sided and can be flipped.

After taking action, let the motor cool for 30 minutes before starting up again.

Emergency Stop Knob Signal Diagram



Emergency Stop Knob Operation



Note: When not pressed down (left), the emergency stop knob circuit has continuity. When pressed down (right), the emergency stop knob circuit is an open line; there is no continuity.

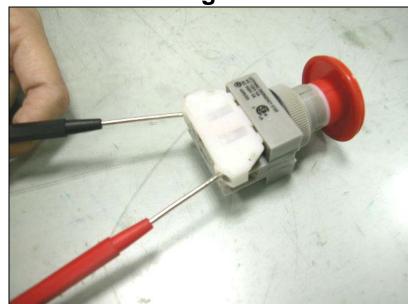
- 1. While unit is in operation, press the emergency stop knob down. The circuit loses continuity. The display beeps once. Treadmill action stops. On 6300, the display main window shows: "____". On 6310, the display main window shows: "RESET EMERGENCY STOP BUTTON".
- 2. Rotate the emergency stop knob clockwise to reset. Emergency stop knob pops up. Circuit continuity is regained. Start up display appears.

Emergency Stop Knob Troubleshooting

If the emergency stop knob malfunctions – activating when it shouldn't, or not activating when it should – inspect its wire connections, test wire continuity, and test the stop knob switch itself.

Emergency Stop Knob Test Configuration





Test Procedure: Put multimeter to the Ohm setting. Place probes as shown. When the knob is not pressed down, the meter should read about 0.5 ohm (continuity). When the knob is pressed down, the meter should show no reaction, (open line), indicating no continuity. If your test results differ, replace the emergency stop knob.

Emergency Stop Knob Revision

Treadmills made in and after September 2004 did not have the emergency stop knob. The knob was was removed mainly because customers complained that end users didn't know how to operate it. There were also some complaints that hitting the knob damaged it, and the knob had to be replaced too often. Permanently removing the knob on old units requires two things: a jumper and a sticker. Both are available by contacting the SportsArt service department.

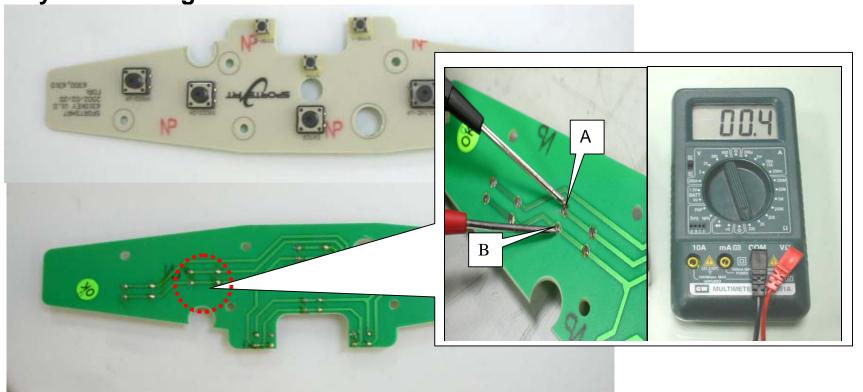
The procedure for eliminating the knob follows:

- 1. Leave the display attached to the display back the long plastic piece that forms the bottle holders. But detach the display back from the unit. Then twist to detach the old stop knob from the display back. Take off the tape on the stop knob wires on the display back. Put the wires into the hole in the back of the display.
- 2. Secure the display back with one or two screws. Then detach the display. Unplug the knob wires from CON 8. Remove the wires. Place the jumper on the stop knob wire connector, CON 8 (See DISPLAY.03).
- 3. Secure the display and display back, putting in all the screws. Then place the sticker over the hole where the stop knob originally stood.

Key Operation

Key circuits have continuity when keys are pressed down and don't have continuity when not pressed down. Key signals travel from the keypad via the wire connector to the display board. A sign of a possible key malfunction, (or a wire break or short) occurs when the treadmill acts as if a key has been pressed when no key was pressed, or the treadmill does not react when a key has been pressed.

Key Test Configuration



Key Test Procedure

Put multimeter to the ohm setting. Place probes as shown on points A and B. Normal reading when key is not pressed down: no reaction, OL or I (open line). Normal reading when key is pressed down: 0.4 ohm.

Other keys can be tested similarly.

Reference

REF.01 – 6300/6310 Drive Board LED Reference Chart

REF.02 – 6300/6310 Display LED Reference Chart, 6300/6310 Fuse Reference Chart

REF.03 – VR Voltages for Various SportsArt Treadmill DC Incline Motors

6300/6310 Drive Board LED Reference Chart

LED	Position	Color	Name	Action	
1	Mid left,	Red	Power	Lights when power switch is on; extinguishes when power switch is turned off or when	
	high			the emergency knob is pressed. Relights when emergency knob is reset.	
2	Left top	Green	VCC	Lights when power switch is on. Indicates that drive board VCC circuit is operating;	
			power	power is being sent to display.	
3	Mid left	Green	Incline	Lights when incline operates down. Indicates that the display incline down signal has	
	high		Down	arrived at the drive board and the drive board is putting out power to the incline motor.	
4	Mid left,	Green	Incline	Lights when incline operates up. Indicates that the display incline up signal has arrived	
	under 3		Up	at the drive board and the drive board is putting out power to the incline motor.	
5	Mid left,	Red	Incline	Lights to indicate that the incline is overextended. Recalibration is necessary.	
	center		Error		
6	Mid left,	Red	"SOFT"	Immediately after the unit is turned on, the "SOFT" circuit shuts off motor power to	
	under 1		Check	prevent uncontrolled motor action. The "SOFT" LED lights two seconds after power	
				witch is turned on; extinguishes when power switch is turned off or when the	
				emergency knob is pressed. Relights when emergency knob is reset.	
7	Mid right,	Green	High	Lights when drive board current restriction circuit is activated. This occurs when the	
	low		Amp	amp draw is too high. Inspect the motor, walk belt, deck. This LED is not lit under	
				normal circumstances.	
8	Mid right,	Red	IGBT	Lights when the IGBT has shorted. This LED is not lit under normal circumstances. If it	
	low, by 7		Short	lights, replace the drive board.	
9	Mid right,	Red	Belt	Lights normally. Turns off if belt is pulled faster than speed setting.	
	low, by 7		Pull		
10	Right low	Green	Optic	Lights when the optic sensor signal enters the drive board. Flickers at low speeds;	
			Sensor	remains lit at high speeds. If it does not light when the motor flywheel moves, inspect	
				the optic sensor, optic sensor wheel, and related wires.	

Note: Positions are described as if you are looking at a drive board installed in the unit. Cable connectors are on top. The L-shaped aluminum plate is on the bottom. The left side has a row of ICs. Two large, black capacitors are on bottom right.

6300/6310 Display LED Reference Chart

LED	Position	Color	Name	Action	
LED 20	Top right	Red	C-Safe	Lights to indicate that the display is supplying 5 VDC for C-SAFE operation.	
	-			LED lights regardless of whether C-SAFE power is actually being used.	
LED 21	Lower left	Green	Power	Lights to indicate that the display is receiving power from the drive board, via	
				the ribbon cable.	

6300/6310 Fuse Reference Chart

Position	Fuse	If fuse breaks, install a new one of the same type and inspect the following:
	-	
On frame,	15A 250V	Fuse holder, On/Off switch, AC1, AC2 wiring, drive board, motor.
near power	(6x32mm)	
switch	Slow	
On drive	3A 250V	Transformer, drive board.
board,	(5x20mm)	
under	Fast	
CON1		
On drive	3A 250V	Incline motor, incline motor wiring.
	(5x20mm)	3
•	,	
	1 400	
	On frame, near power switch On drive	On frame, near power switch Slow (6x32mm) On drive 3A 250V (5x20mm) under Fast CON1 On drive 3A 250V (5x20mm) Fast CON1 Fast (5x20mm) Fast Fast Fast (5x20mm) Fast Fast Fast (5x20mm) Fast Fast Fast Fast (5x20mm)

VR Voltages for Various SportsArt Treadmill DC Incline Motors

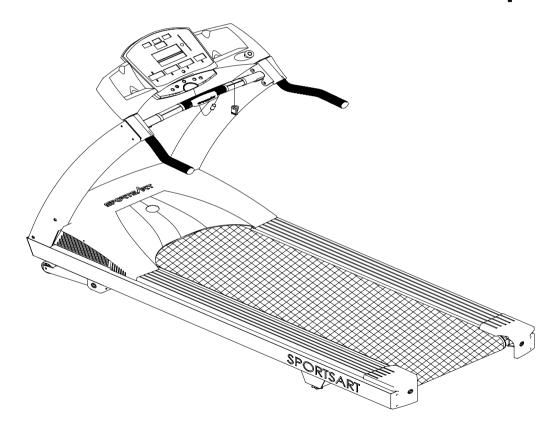
	Incline		Incline VR Rand	ge (Blue & Green)
Model	Low	VR Voltage	High	VR Voltage
		Blue & Green Wires	· ·	Blue & Green Wires
1210	0%	1.20 VDC	12%	3.30 VDC
3100/3120/3150	0%	3.55 VDC	15%	1.20 VDC
3106/3108/3110	0%	1.20 VDC	15%	3.80 VDC
3200/3250	0%	1.20 VDC	15%	3.55 VDC
6100/6150	0%	3.55 VDC	15%	1.20 VDC
6100E/6150E	0%	1.20 VDC	15%	3.55 VDC
6200/6200N/6260	-3%	1.20 VDC	22%	3.55 VDC
6300/6310	0%	1.20 VDC	15%	3.80 VDC
6320	-3%	1.20 VDC	22%	3.80 VDC

Action of Various SportsArt Treadmill DC Incline Motors

Model	Incline Method	Incline Position	
iviodei	incline Method	Lowest = 0%	Highest = 15%
3100/3120/3150	Pull In	Longest	Shortest
1210/3106/3108/3110	Push Out	Shortest	Longest
3200/3250	Push Out	Shortest	Longest
6100/6150	Push Out	Shortest	Longest
6100E/6150E	Pull In	Longest	Shortest
6200/6200N/6260	Push Out	Shortest	Longest
6300/6310/6320	Push Out	Shortest	Longest

SPORTS/RT

6300/6310 Treadmill Mechanical Maintenance and Repair Guide



Version: 2.1; Date: 03-18-05

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide

SportsArt 6300/6310 Treadmill Mechanical Maintenance and Repair Guide was designed to help technicians in the field. It includes maintenance and repair tips associated with mechanical issues. For electronic issues, please see 6300/6310 Treadmill Repair Guide – Electronics.

Our goal is to make manuals easy to use and helpful. If you have suggestions or comments, we want to hear them. Please send your ideas to bob@sportsartamerica.com. Thank you.

Notes: Part numbers shown here are not the part numbers used at SportsArt America. For up-to-date part numbers and diagrams, please see our web site: www.sportsartamerica.com.

Version 1: Date: 05-01-03 Version 2: Date: 11-04-04

Version 2.1: Date: 03-18-05 – Blowup diagrams and part lists were removed. Please see our website for updates.

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2. Treadmill Maintenance

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- 2-2-1. Rear Roller Maintenance (Continued through 2-2-3)
- 2-3-1. Cleaning Under the Motor Cover
- 2-4-1. Guide Roller Maintenance
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7-2-1. Problem: Abnormal Noise – Wear Issues (Cont. through 7-2-4)

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide			
	I. 6300/6310 Treadmill Diagrams and Part Lists 1-1-1. CONTENTS REMOVED 03-18-05. Please see our website for updates.		

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide

2. Treadmill Maintenance

- 2-1-1. Front Roller Maintenance (Continued on 2-1-2)
- 2-2-1. Rear Roller Maintenance (Continued through 2-2-3)
- 2-3-1. Cleaning Under the Motor Cover
- 2-4-1. Guide Roller Maintenance
- 2-5-1. Walk Belt and Deck Maintenance

Front Roller Maintenance

Step	Procedure	Goal	Illustration
1	Rotate the roller.	Inspect for unusual bearing noise.	
2	Clean bearing area.	Eliminate dust bunnies and debris.	軸承

Front Roller Maintenance (Cont.)

<u> </u>	ont Roller Maintenance (Cont.)						
Step	Procedure	Goal	Illustration				
3	Clean roller surface.	Eliminate debris from the area shown in the circle on right.					
4	Clean the belt pulley.	Eliminate debris from area shown in the circle on right.					

Rear Roller Maintenance

1100	Real Roller Maintenance					
Step	Procedure	Goal	Illustration			
1	Rotate the roller	Inspect for unusual bearing noise.	AP AP AP APP APP APP APP APP APP APP AP			
2	Clean roller bearing area.	Eliminate dust bunnies and debris.	軸承			

Rear Roller Maintenance (Cont.)

Step	Procedure	Goal	Illustration
3	Clean roller surface.	Eliminate debris from area circled on the right.	

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide - Maintenance

Cleaning Under the Motor Cover

Olc	Sleaning Under the Motor Cover							
Step	Procedure	Goal	Illustration					
1	Use a vacuum and a small, soft brush to clean components under the motor cover.	Clean dust bunnies and debris from under the motor cover as needed. (Need depends on the use and the environment. Clean once every few months at least.)	The state of the s					

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide - Maintenance

Guide Roller Maintenance

Cuit	Suide Roller Maintenance					
Step	Procedure	Goal	Illustration			
1	Rotate the guide roller.	Inspect bearings for damage.				
2	Clean guide roller surface. Suggested cleaner: Diluted Simple Green.	Eliminate dust from roller surface.				

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide - Maintenance

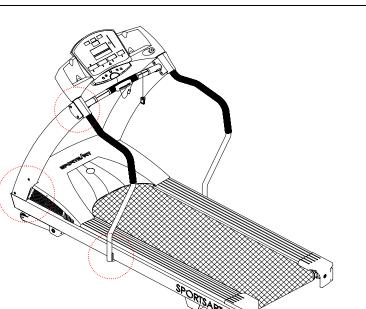
Walk Belt and Deck Maintenance

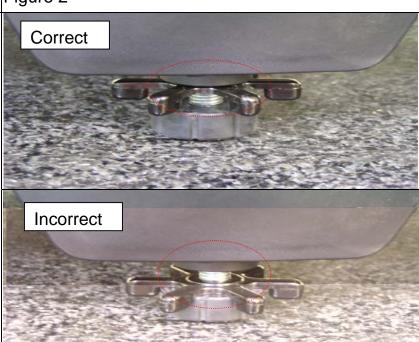
Step	Procedure	Goal	Illustration
2	Rotate the walk belt to access the whole surface of the belt and repeat steps above.	Clean the whole surface of the belt, top and bottom.	

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide 3. Inspections 3-1-1. Inspection to Prevent Noise

Inspection to Prevent Noise

Item	Inspect (Illustration)	Key Points		
1	Screw tightness (Fig. 1)	Screws cannot be loose. Keep screws tight.		
2	Walk belt tightness	Maintain proper walk belt tightness.		
3	Drive belt tightness	Maintain proper drive belt tightness.		
4	Back leg leveler nut (Fig. 2)	Keep back leg leveler adjust up tightly to prevent noise (Fig. 2).		
Figure 1		Figure 2		





4. Adjustments 4-1-1. Adjusting the Drive Belt (Continued through 4-1-3) 4-2-1. Centering the Walk Belt (Continued through 4-2-2) 4-3-1. Adjusting the Walk Belt

Adjusting the Drive Belt

Problem: Drive belt spins without engaging the front roller. (Drive belt is too loose.)

Follow instruction below to adjust the drive belt.

Order	Adjustment Method	Picture
1	First, loosen the motor bolts (marked A in the picture to the right) but leave them in place. Do not loosen all the way. Note: Use a socket wrench or a T-head wrench. Bolt size: 12 mm.	A CONSTRUCTION TO THE PARTY TO
2	Push the motor back as indicated. This tightens the drive belt. Note: At this stage, do not secure the motor bolts. Leave them in place but do not tighten them down.	Push motor back as indicated.

Adjusting the Drive Belt (Cont.)

Order	Adjustment Procedure	Picture
3	Loosen the nut marked B in the picture to the right. Tighten the bolt marked A so the drive belt can be pressed down about one inch and twisted at the side to 90 degrees. Note: (1) Bolt A size: 10 mm. (2) Use 10-mm open wrench. Crescent wrenches tend to strip the bolt head.	
4	Set motor speed to 1.8 MPH~2.1 MPH (2.5 KPH ~ 3.5 KPH) to test belt tightness.	And the second of the second o

Adjusting the Drive Belt (Cont.)

Order	Adjustment Procedure	Picture
5	Use your foot to bear against the treadmill walk belt briefly. Inspect whether the drive belt fails to engage either the front roller or the drive motor pulley. If the walk belt spins freely in either place, it's too loose. See below.	
6	Look here to determine whether the drive belt fails to engage either the motor pulley or the front roller pulley.	

Adjusting the Drive Belt (Cont.)

Order	Adjustment Procedure	Picture
7	If the drive belt is too loose, tighten screw A as shown in step 3. Inspect as shown in steps 4~6 until the proper belt tightness is obtained. When finished making adjustments, tighten nut B down against the bracket as shown. Finally, tighten motor bolts securely.	B S S
8	Inspect operation. Sometimes tightening the motor bolts makes the drive belt too tight. If the drive belt is too tight, there will be too much pressure on the motor and roller bearings. Even the motor axle has been reported to break if the belt is tightened too tight. Avoid over-tightening the drive belt.	

Centering the Walk Belt

Problem: The walk belt tends to move to one side. Follow the steps below to center the belt.

ı	Problem: The walk belt tends to move to one side. Follow the steps below to center the t			steps below to certier the beit.		
	Order	Problem	Adjustment Method	Picture		
	1	The walk belt tracks to right side.	Turn the allen wrench on the right clockwise. Or turn the allen wrench on the left counterclockwise.			
	2	The walk belt tracks to left side.	Turn the allen wrench on the left clockwise. Or turn the allen wrench on the right counterclockwise.			

Centering the Walk Belt

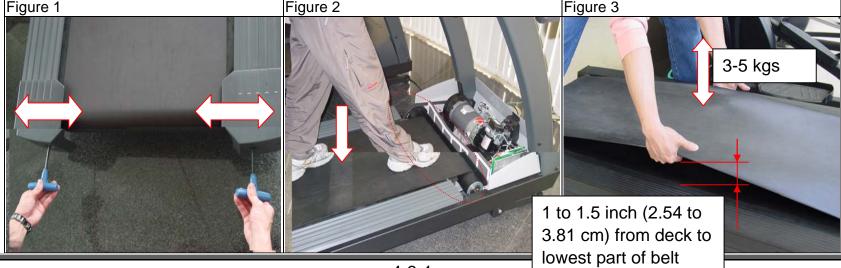
Order	Problem	Adjustment Method	Picture
3	The treadmill should run with equal amount of space on both sides of the walk belt. If not, follow steps 1 and 2 until the space on both sides of the belt is equal.	See steps 1 and 2.	

Adjusting the Walk Belt

Problem: The walk belt stops moving if you bear down against it. (Walk belt is too loose.)

Adjustment Procedure

Aujustinei	ent Procedure			
Step	Method			
1	Set the walk belt in the middle of the deck. (See Centering the Walk Belt.)			
2	Tighten both sides of the walk belt equally (Figure 1). (Turn the T-shaped Allen wrench to the right to tighten or to the left to loosen.) It's better to have the belt too loose, rather than too tight. Inspect after each quarter turn to avoid over-tightening the belt.			
3	Turn unit speed to 2.5 KPH~3.0 KPH, 1.5 MPH~2.0 MPH. Walk on the treadmill.			
4	Bear down against the belt (Figure 2). Make sure that bearing down against the belt does not make the walk belt stop for more than about 3/4 second. (A loose walk belt will stop rotating when you put your weight against it.) Tighten the belt just to the point where the walk belt free-spins momentarily and quickly regains traction.			
5	Inspect walk belt tightness. Lift both sides; the distance from the middle of the belt to the deck should be 1 to 1.5 inches (2.54 to 3.81 cm) (Figure 3). Do not tighten beyond this point.			
6	Repeat steps 2~5 if necessary, until the walk belt is adjusted properly.			
Figure 1	Figure 2 Figure 3			



5. Components

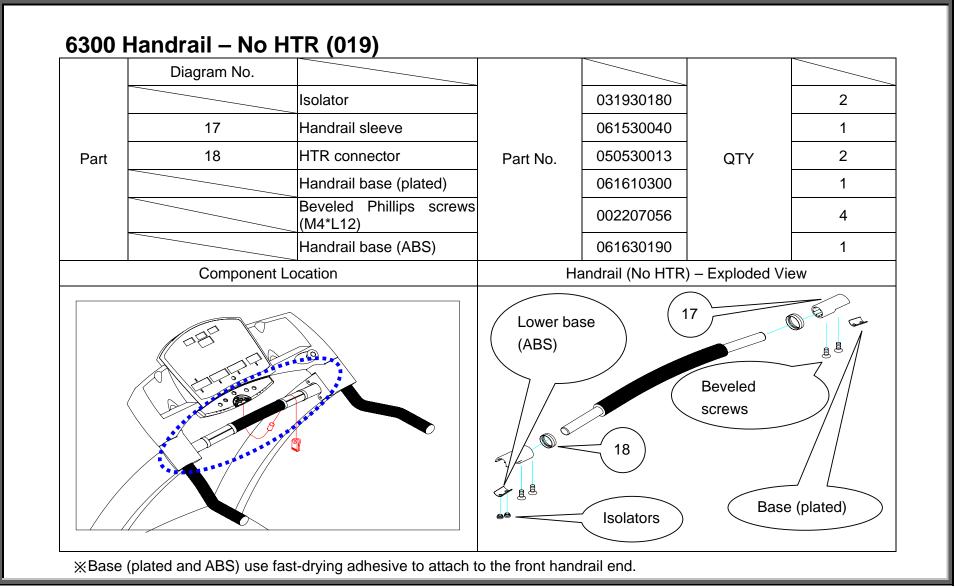
- 5-1-1. Incline Motor Set (Continued through 5-1-2)
- 5-2-1. Direct Current (DC) Motor
- 5-3-1. 6300 Handlebar No HTR
- 5-3-2. 6300 Handlebar HTR
- 5-4-1. 6310 Handlebar No HTR
- 5-4-2. 6310 Handlebar HTR and HRC
- 5-4-3. 6310 Handlebar HTR+HRC

Incline Motor Set (Bubble No. 026 in the 6300 Blowup Diagram; Note: Incline sets in 6300/6310 are the same.)

mber				
Incline motor set		061670010	(PCs per unit)	1
VR		161591070		1
Gear C	Part Number	030717020		1
Gear A		030753023		1
Gear cover		E30714010		1
Motor plastic gear		S00000189		1
onent Illustration	In	cline Gear Box	Blow Up Diagra	m
029 028			9	Note: SportsArt America part numbers: Gear C=3100-28;
	Incline motor set VR Gear C Gear A Gear cover Motor plastic gear conent Illustration 028	Incline motor set VR Gear C Gear A Gear cover Motor plastic gear Jonent Illustration In Gear cover Gear cover Gear cover Gear cover	Incline motor set VR Gear C Gear A Gear cover Motor plastic gear O61670010 161591070 030717020 030753023 E30714010 S00000189 Fonent Illustration Incline Gear Box Slanted Plastic Gear Gear cover Gear C Gear	Incline motor set VR Gear C Gear A Gear cover Motor plastic gear Jonnent Illustration Incline Gear Box Blow Up Diagrated Gear C Jonnent Illustration Gear C Gear C

Incline Motor Set (Bubble No. 057 in 6310 Blowup Diagram; Note: Incline sets in 6300/6310 are the same.) Diagram Part Number Incline motor 061670010 1 056 VR box 161591070 1 (PCs per unit) Part 055 Gear C Part Number 030717020 1 Gear A 030753023 1 Gear cover A E30714010 1 Plastic slanted gear S00000189 1 Component Illustration Incline Gear Box Blow Up Diagram Slanted Plastic 055 056 Gear C Gear Cover 057 Gear A

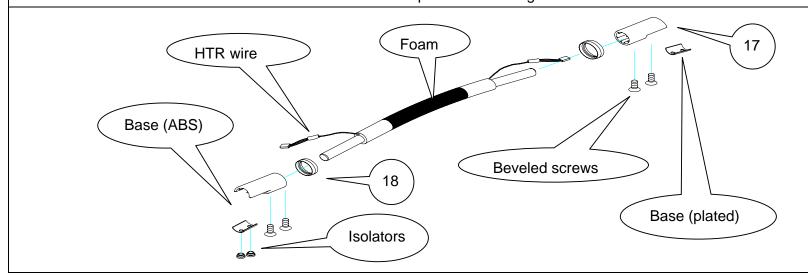
Direct Current (DC) Motor Diagram No. Motor brush housing Part Part Number 060141010 QTY 2 with cap Motor brush 060173110 2 Part Location DC Motor Exploded View Motor Brush Housing 050 Brush Cap



6300 Handlebar — HTR (077)

	Diagram No.					
Part		Isolator		031930180		2
	17	Handrail sleeve		061630070		1
	18 HTR connector		Part No.	050530010	QTY	2
		Handrail base (plated)		061610300		1
	Beveled Phillips screws (M4*L12)			002207056		4
		Handrail lower base (ABS)		061630190		1

HTR Handlebar Exploded View Diagram



※(A) Base (plated and ABS) use fast-drying adhesive to attach to handrail. The foam on the HTR handrail is shorter than the other.

6310 Handlebar — No Heart Rate (011) Diagram No. 031930180 2 Isolator 8 Handrail sleeve 061630070 QTY Part 10 HTR connector Part No. 050530013 2 Handrail base (plated) 061610300 1 Beveled screws (M4*L12) 002207056 4 061630190 Handrail base (ABS) **Component Location** Exploded View of Handlebar with No Heart Rate Function Base (ABS) Beveled screws 10 Base (plated) Isolator XUse fast-drying adhesive to attach the handrail to base (plated and ABS).

6310 Handlebar — HTR (077) and HRC (085) Diagram No. 031930180 2 Isolator 8 Handrail sleeve 061630070 1 Part QTY 10 HTR connector Part No. 2 050530013 Base (plated) 061610300 1 Beveled screws (M4*L12) 002207056 4 Base (ABS) 061630190 HRC Handlebar Exploded View Diagram Heart Touch Rate Handlebar Foam Base (ABS) Base (ABS) Beveled screws Beveled screws 10 10 Base (plated) Base (plated) Isolators Isolators

(A) Base (plated and ABS) use fast-drying adhesive to attach handrail; (B) HRC foam is longer than HTR foam and has three screw holes for installation of HRC.

6310 Handlebar — HTR+HRC (092) Diagram No. 031930180 2 Isolator 8 Handrail sleeve 061630070 1 10 HTR connector 2 050530013 QTY Part No. Part Handrail base (plated) 061610300 1 Beveled Phillips screws 002207056 4 (M4*L12) Handrail base (ABS) 061630190 1 HRC+HTR Handlebar Exploded View Diagram HTR wire Base (ABS) 10 Beveled screws Base (plated) Isolator X(A) Base (plated and ABS) use fast-drying adhesive to attach to handlebar; (B)Foam has three holes and HTR wires.

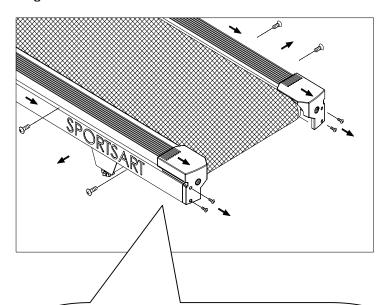
6. Part Installation

- 6-1-1. Replacing the VR Set (Continued through 6-1-5)
- 6-2-1. Removing the Motor Cover on 6300 Treadmills
- 6-2-2. Installing the Motor Cover on 6300 Treadmills
- 6-3-1. Removing the Motor Cover on 6310 Treadmills
- 6-3-2. Installing the Motor Cover on 6310 Treadmills
- 6-4-1. Procedure for Replacing the Emergency Stop Knob (Cont. through 6-4-4)

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide – Part Installation

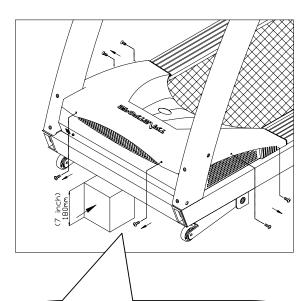
Replacing the VR Set

Figure 1



Remove end cover and landing strip screws. Pull off end covers and landing strips toward the back. (On the 6300, this step must be completed before the motor cover can be removed.)

Figure 2



Prop up the frame with a block of wood about 7 inches (80 mm) to take weight off the incline set.

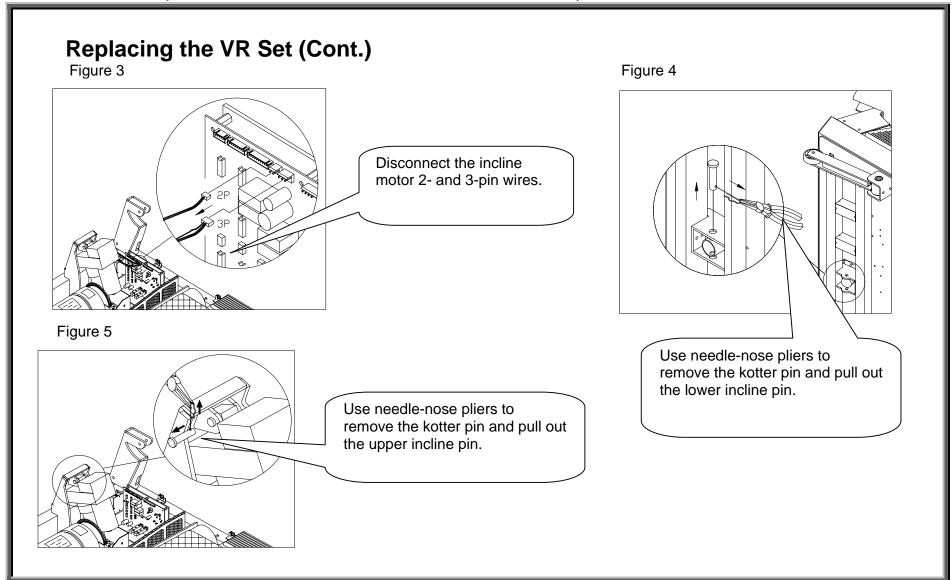
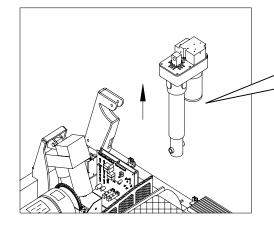


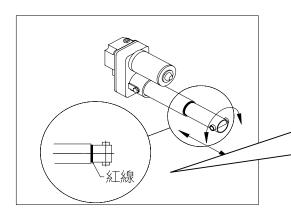


Figure 6



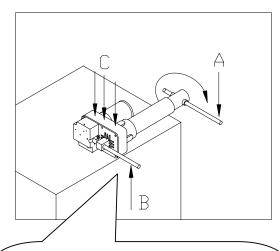
Remove the incline motor set.

Figure 8

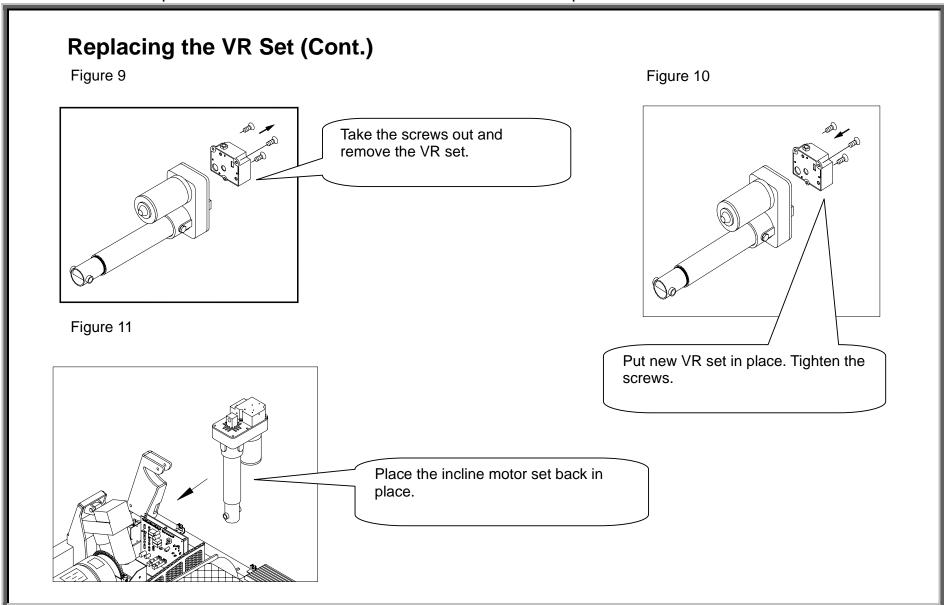


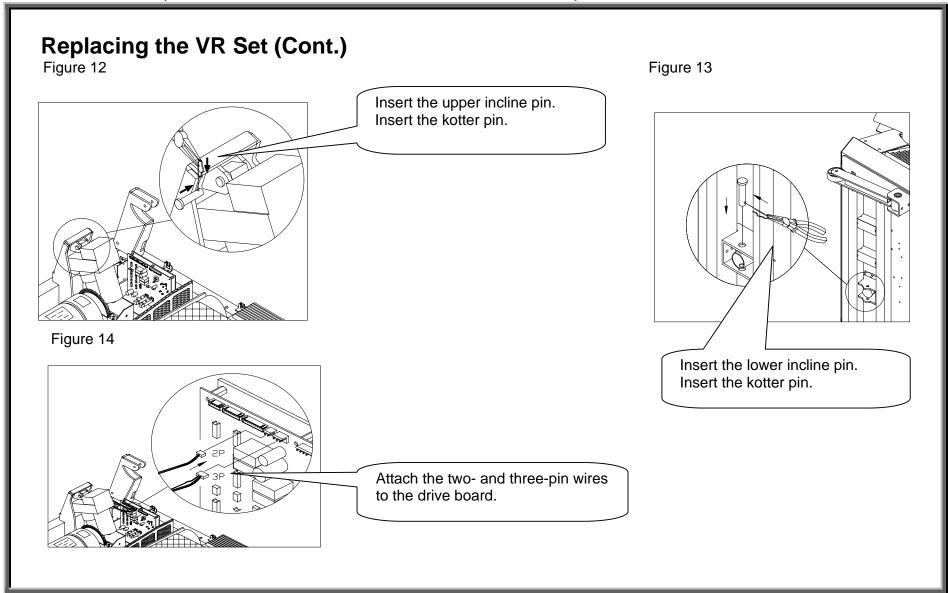
Once the incline motor pipe turns freely, rotate it so that the red line on the thin pipe is visible just above the end of the thick pipe.

Figure 7

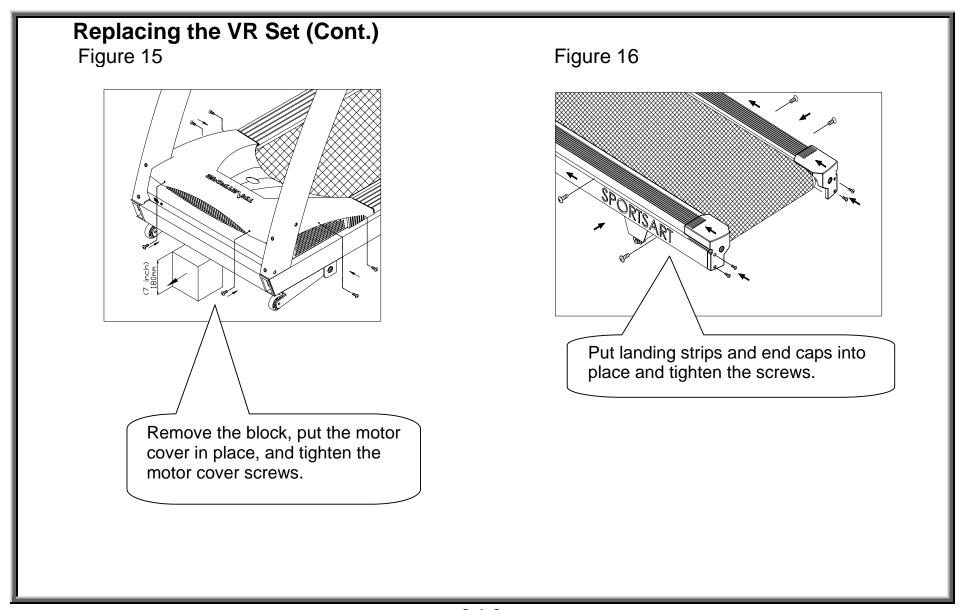


Place the incline motor set on a table. Hold the place marked C securely. To free a bound incline set, insert∮9~9.5 mm rods into the securing holes and rotate as shown.



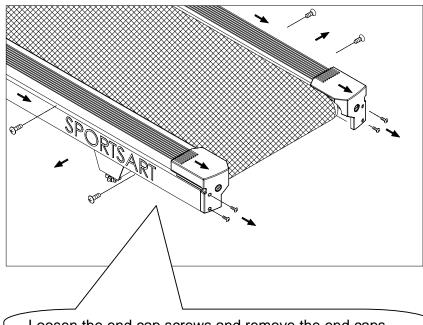


SportsArt 6300/6310 Mechanical Maintenance and Repair Guide – Part Installation



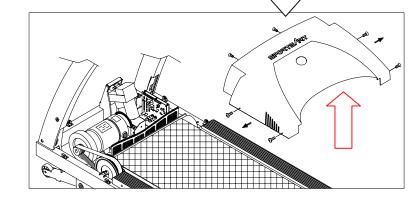
Removing the Motor Cover on 6300 Treadmills

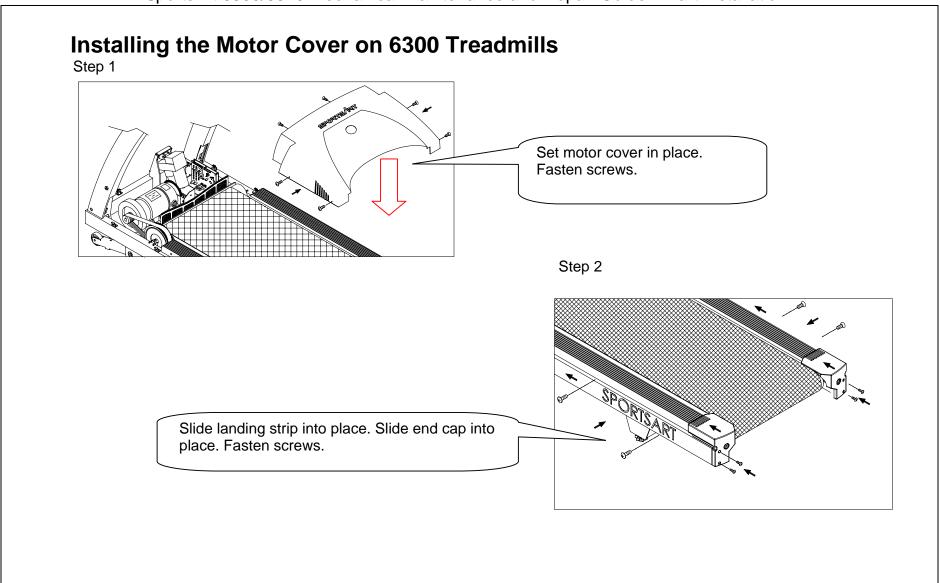
Step 1

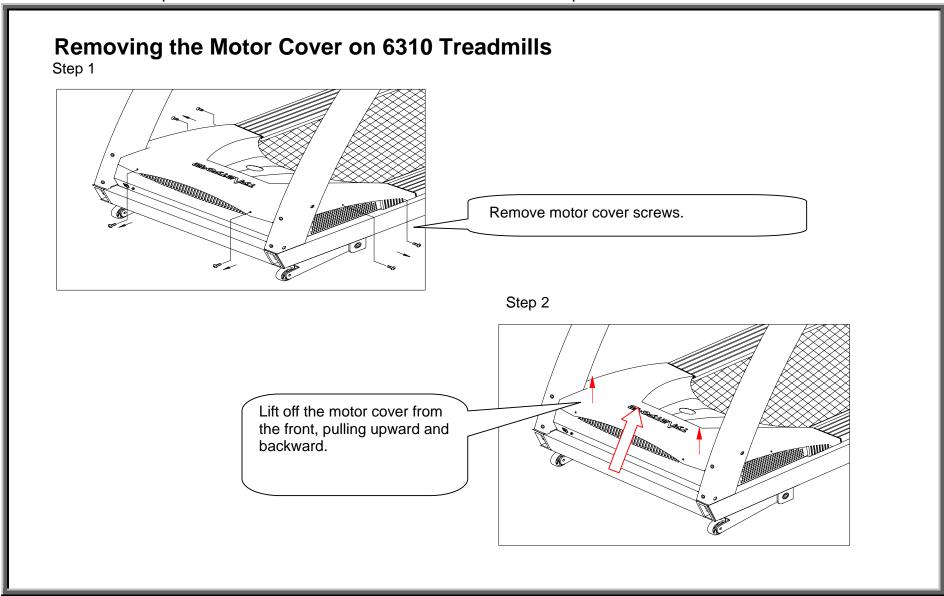


Loosen the end cap screws and remove the end caps. Remove the landing strip screws and slide off the landing strips. Remove the motor cover screws and lift off the motor cover.

Step 2

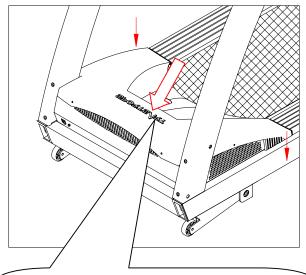




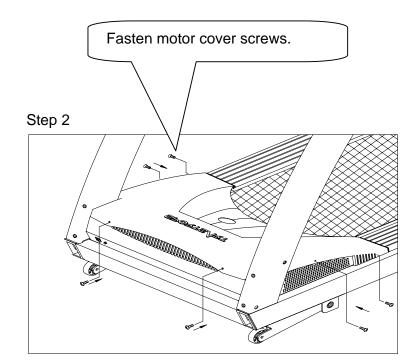


Installing the Motor Cover on 6310 Treadmills

Step 1

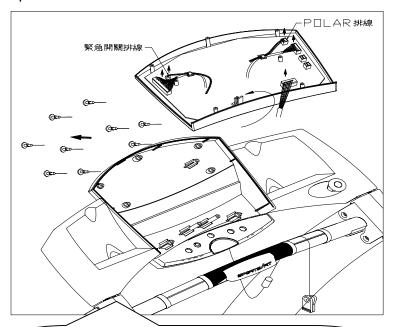


Put the new motor cover in place, setting down the side closest to the on/off switch first.



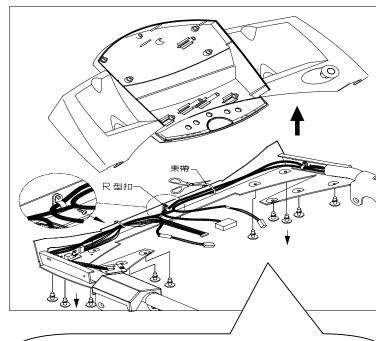
Procedure for Replacing the Emergency Stop Knob

Step 1



Remove screws from the display. Open the display. Disconnect the emergency stop switch wires and other wires. Note how wires connect.

Step 2

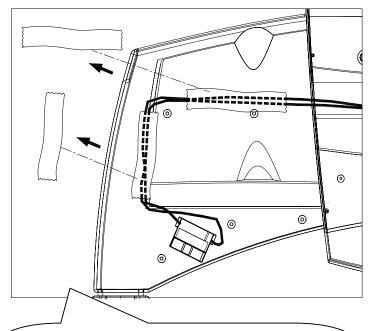


First, loosen the R-shaped clip, cut the zip tie to free the wires. Remove the lower display cover screws. Lift off the lower display cover.

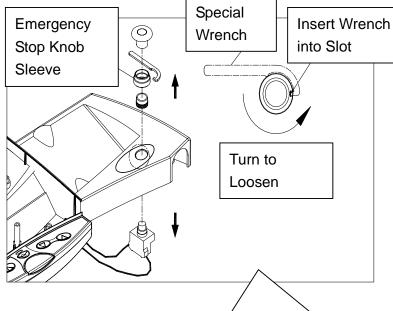
Note: The factory stopped producing treadmills with emergency stop knobs in Autumn 2004. To update old units, remove the emergency stop knob as shown and insert a jumper (available through SportsArt) on its connector on the display.

Procedure for Replacing the Emergency Stop Knob (Cont.)

Step 3



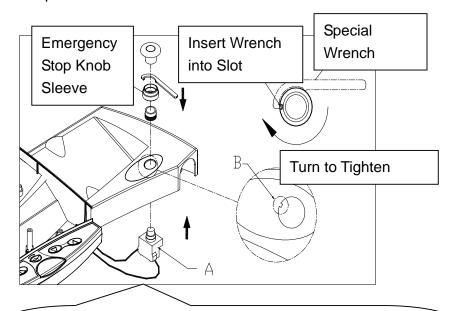
Lift the lower part of the display and turn it over. Remove the tape that secures the wire in place. (Note the placement of the tape.) Step 4



Remove parts as shown. Note that the emergency stop knob sleeve must be removed with a special wrench. Note the wrench position and direction of rotation.

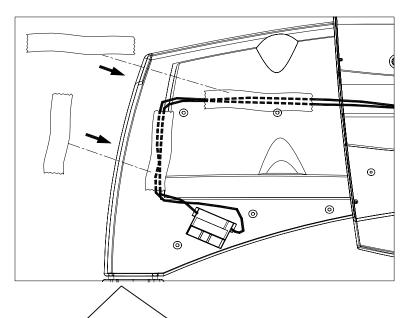
Procedure for Replacing the Emergency Stop Knob (Cont.)

Step 5



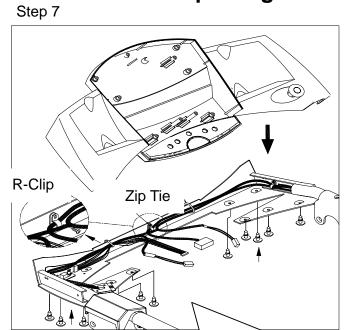
Install parts as shown and rotate to tighten. Note that the emergency stop knob sleeve must be installed with a special wrench. Note the wrench position and direction of rotation.

Step 6

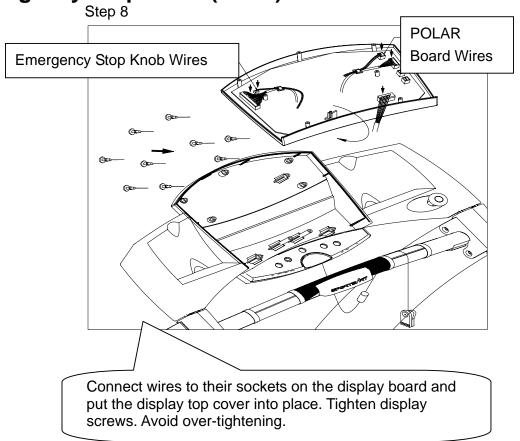


Lift the lower part of the display and turn it over. Place tape to secure the wire. (Note the placement of the wire tape.)

Procedure for Replacing the Emergency Stop Knob (Cont.)



Adjust wire positions. Fasten the R-shaped clip and attach zip ties. Lower the display bottom cover into place and tighten screws.

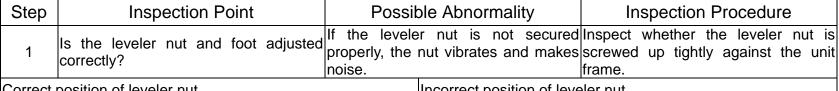


7. Troubleshooting

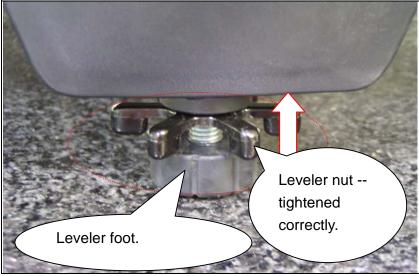
7-1-1. Problem: Abnormal Noise – Installation Issues (Cont. through 7-1-3)

7-2-1. Problem: Abnormal Noise – Wear Issues (Cont. through 7-2-4)

Problem: Abnormal Noise – Installation Issues



Correct position of leveler nut Incorrect position of leveler nut





Resolution: Rotate the leveler nut upward, securing it firmly against the unit.

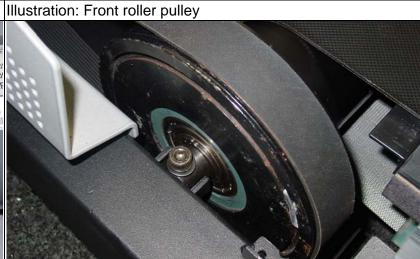
SportsArt 6300/6310 Mechanical Maintenance and Repair Guide – Troubleshooting

Problem: Abnormal Noise During Use

Step	Inspection Point	Possible Abnormality	Inspection Procedure
2	Is the drive belt too loose?	If the drive belt is too loose, the belt can jump around. If it is too tight, the drive belt wears out fast.	Inspect drive belt grooves for wear. Adjust drive belt tightness (4-1-1).

Illustration: Drive belt position





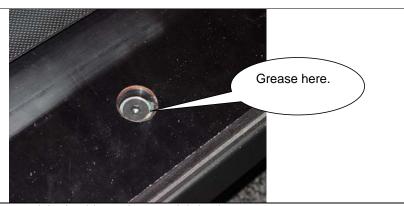
Resolution: a. Replace worn out drive belts.

b. Adjust tension if drive belt is too tight or too loose.

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide - Troubleshooting

Problem: Abnormal Noise During Use

Step	Inspection Point	Possible Abnormality	Inspection Procedure		
3	Is there grease in the deck bolt bushing?	During use, grease dissipates, allowing the deck bolt and bushing to rub together and make noise.	Use your hand to feel whether there is grease at this spot or not.		



Resolution: Apply yellow grease around the bushing to improve lubrication.

Comment [t1]:

Problem: Abnormal Noise During Use

Step Inspection Point		Possible	Abnormality	Inspection Procedure			
4	4 Are screws tight?		allow undesirat n makes noise.	le Inspect all screws, especially those that are tightened during assembly.			
Illustrati	on	•					

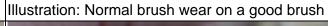
Resolution: Tighten all screws that are used during installation.

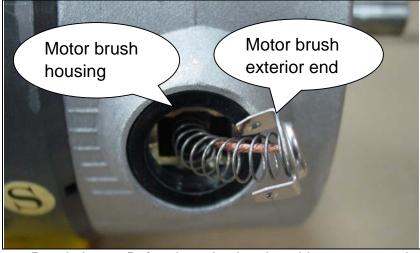
SportsArt 6300/6310 Mechanical Maintenance and Repair Guide - Troubleshooting

Problem: Abnormal Noise – Wear Issues

Ste	ep Inspection Point	Inspection Point Possible Abnormality			
1	Are motor brushes worn?	After a long period of use, motor brushes wear down, causing an abnormal noise.	Inspect motor brushes for wear. Inspect whether the motor sparks.		

Illustration: Motor brush housing







Resolution: a. Before inserting brushes, blow excess carbon out of the brush housing.

- b. Replace worn brushes.
- c. If motor sparks are unusually large, check amp draw.
 - (1) If the walk belt is worn, causing high amp draw, replace it.
 - (2) Replace the motor.

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide – Troubleshooting

Problem: Abnormal Noise During Use

Step	Inspection Point	Possible Abnormality	Inspection Procedure			
2	Are the front roller bearings bad?	If the treadmill walk belt or drive belt is too tight, roller bearing life shortens; bad bearings make noise.	Inspect whether the front roller bearings move smoothly. Inspect whether the drive belt is too tight. Inspect whether the walk belt is too tight.			

Illustration: The screwdriver "stethoscope." (A stethoscope, Illustration: Inspecting the front roller available at hardware stores, works better.)





Resolution: a. Replace the front roller.

b. Adjust the walk belt or drive belt.

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide – Troubleshooting

Problem: Abnormal Noise During Operation

	Step	Inspection Point	Possible Abnormality Inspection Procedure
	3	Are the rear roller bearings bad?	If the walk belt is too tight, the rear Inspect whether the rear roller spins roller bearing trace gap widens, smoothly. Inspect whether the drive or making the bearings go bad and walk belt is too tight. Adjust belts if causing noise.
- 1	111 4 4	. The community of "stathers on a	" (A "

Illustration: The screwdriver "stethoscope." (A real stethoscope, available at hardware stores, works better.)





Resolution: a. Replace the rear roller.

b. Adjust drive or walk belt tightness.

SportsArt 6300/6310 Mechanical Maintenance and Repair Guide - Troubleshooting

Problem: Abnormal Noise During Operation

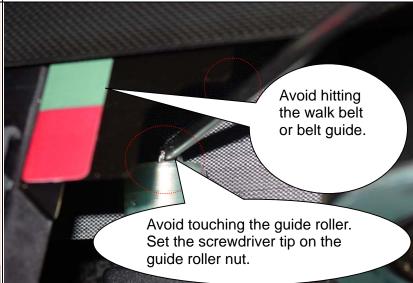
Step	Inspection Point	Possible Abnormality				Inspection Procedure				
4	Guide roller bearings	Dust	damages	roller	bearings,	Inspect	whether	the	guide	roller
		causin	g noise.			rotates s	moothly.			

Illustration: The screwdriver "stethoscope."

(A stethoscope, available at hardware stores, works better.)

Illustration: Inspecting the guide toller





Resolution: a. Clean the guide roller. b. Replace the guide roller.